

# I Am The Bell

拍数: 0                      墙数: 2                      级数: Phrased Intermediate Contra  
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音乐: Copper Bell Hanging on The Vine - Anita Mui



Sequence: AA, Tag, B, AAA, B, AAA.

## Part A

### 1/2 Turn Side Shuffles X 3 (Small Steps), Coaster Step

1&2&                      Right side shuffle right, left, right, ½ turn right with weight on right  
3&4&                      Left side shuffle left, right, left, ½ turn left with weight on left  
5&6                      Right side shuffle right, left, right  
7&8                      Step left back, step right together, step left forward

### Forward Shuffle, 1/4 Turn Shuffle X2, Coaster Cross

1&2&                      Shuffle forward right, left, right, ¼ turn right with weight on right  
3&4&                      Side shuffle left, right, left, ¼ turn right with weight on left  
5&6                      Back shuffle right, left, right  
7&8                      Step left back, step right together, cross left over right

### Sway X4, Forward Touch & Shimmy, Back Rock

1-4                      Sway right, left, right, left  
5&6                      Touch right slightly forward, shake shoulders back & forth right, left, right  
7-8                      Rock right back, recover on left

### Side Shuffle & Rock Back X2

1&2                      Side shuffle right, left, right to right  
3-4                      Rock left behind right, recover on right  
5&6                      Side shuffle left, right, left to left,  
7-8                      Rock right behind left, recover on left

### 4 COUNT TAG: SWAY RIGHT, LEFT, RIGHT, LEFT

## Part B

### Forward Walk X3, Forward Kick, Back Scoot & Hitch X2

1-4                      Walk forward right, left, right, kick left forward  
5-6                      Step left back & scoot, hitch right  
7-8                      Step right back & scoot, hitch left

### Weave Left, Rock Recover ¼ Turn, Forward Walk X2

1-4                      Step left to left, step right behind left, step left to left, cross right over left  
5-8                      Rock left to left, recover on right ¼ right, walk forward left, right

### Forward Rock, ¼ Turn Side Shuffle, Cross Rock, Side Shuffle

1-2                      Rock left forward, recover on right  
3&4                      ¼ turn left side shuffle left, right, left  
5-6                      Cross rock right over left, recover on left  
7&8                      Side shuffle right, left, right

### Cross Point X2, Forward Rock, Back Touch

1-4                      Cross left over right, point right to right, cross right over left, point left to left  
5-8                      Rock left diagonally forward, recover on right, step left back, touch right together

