

Poco Poco

拍数: 64
编舞者: Silia Lawrence - May 2009
音乐: Poco Poco

墙数: 2

级数: Easy Intermediate



Start the dance on vocal after 84 counts of hard beats.

SIDE-TOUCH X 2, HALF RHUMBA BOX WITH TOUCH

1-2 Step right to right side, touch left together
3-4 Step left to left side, touch right together
5-6 Step right to right side, step left together
7-8 Step right forward, touch left together

SIDE-TOUCH X 2, HALF RHUMBA BOX WITH TOUCH

1-2 Step left to left side, touch right together
3-4 Step right to right side, touch left together
5-6 Step left to left side, step right together
7-8 Step left forward, touch right together

RIGHT AND LEFT DIAGONAL BACK CHA CHA WITH TOUCH

1-2 Step right back to right diagonal, step left together
3-4 Step right back to right diagonal, touch left together
5-6 Step left back to left diagonal, step right together
7-8 Step left back to left diagonal, touch right together

PADDLE ¼ TURN LEFT X 4 TO MAKE A COMPLETE CIRCLE

1-2 Step right forward, ¼ turn left shifting weight onto left
3-4 Step right forward, ¼ turn left shifting weight onto left
5-6 Step right forward, ¼ turn left shifting weight onto left
7-8 Step right forward, ¼ turn left shifting weight onto left (12.00)

SIDE-ROCK, CROSS, HOLD, SIDE, TURN, STEP, HOLD

1-2 Rock right to right side, recover onto left
3-4 Cross right over left, hold
5-6 Step left to left side, pivot ¼ turn right (3.00)
7-8 Step left forward, hold

SIDE STEPS WITH SHIMMY TO RIGHT SIDE

1-2 Step right to right side, shimmy shoulders
3-4 Shimmy shoulders, step left together
5-6 Step right to right side, shimmy shoulders
7-8 Shimmy shoulders, touch left together

SIDE STEPS WITH SHIMMY TO LEFT SIDE

1-2 Step left to left side, shimmy shoulders
3-4 Shimmy shoulders, step right together
5-6 Step left to left side, shimmy shoulders
7-8 Shimmy shoulders, touch right together

JAZZ BOX, JAZZ BOX ¼ TURN RIGHT

1-2 Cross right over left, recover onto left
3-4 Step right to right side, step left together

5-6 Cross right over left, recover onto left
7-8 Turning $\frac{1}{4}$ right step right to right side, step left together (6.00)

TAG at the end of wall 3 (facing 6.00), wall 4 (facing 12.00), wall 5* (facing 6.00), wall 8 (facing 12.00) and wall 10 (facing 12.00).

1-2 Step right to right side, touch left together
3-4 Step left to left side, touch right together
5-6 Step right to right side, touch left together
7-8 Step left to left side, touch right together

***TAG at the end of wall 5 (facing 6.00) – do only the first 4 counts of the tag above.**
