

Legzz

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Advanced Beginner
编舞者: William Sevone (UK) - May 2009
音乐: Legs - ZZ Top : (Album: Greatest Hits / many compilations)



Choreographers note:- Ideal for the experienced Beginner who has just moved up a level in their dancing. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts at 27sec on word 'Legs' as in 'She's got legs....', weight on left.

2x Side Touch-Together. Full Turn 'Paddle' (12:00)

- 1 – 2 Turning upper body slightly left – touch right to right side. Turning body forward – step right next to left.
- 3 – 4 Turning upper body slightly right – touch left to left side. Turning body forward – step left next to right.
- 5 – 6 Turn $\frac{1}{4}$ left on left foot & touch right to right side (9). Repeat (6)
- 7 – 8 Turn $\frac{1}{4}$ left on left foot & touch right to right side (3). Turn $\frac{1}{4}$ left on left foot & STEP right next to left (12).

Full Turn 'Paddle'. 1/4 Fwd. 3/4 Together. Large Step. Together (12:00)

- 9 – 10 Turn $\frac{1}{4}$ left on right foot & touch left to left side (9). Repeat (6)
- 11 – 12 Turn $\frac{1}{4}$ left on right foot & touch left to left side (3). Turn $\frac{1}{4}$ left on right foot & STEP left next to right (12).
- 13 – 14 Turn $\frac{1}{4}$ left & step forward onto right (9). Turn $\frac{3}{4}$ left & step left next to right (12).
- 15 – 16 Large step right onto right. Step left next to right.

RESTART: On 9th wall facing 12: restart dance from count 1

Rock Fwd. Recover. 4x Modified 'Mashed Potato'. Rock Bwd. Recover (12:00)

- 17 – 18 Rock forward onto right. Recover onto left.
- 19 Sweep right from front to back - at the same time twist left heel to right then centre.
- 20 Sweep left from front to back - at the same time twist right heel to left then centre.
- 21 Sweep right from front to back - at the same time twist left heel to right then centre.
- 22 Sweep left from front to back - at the same time twist right heel to left then centre.

Dance note: Counts 19-22 are moving backward.

- 23 – 24 Rock backward onto right. Recover onto left.

3x Diagonal-Side Touch. Diagonal. Turning Kick (3:00)

- 25 – 26 Step right diagonally left. Touch left to left side
- 27 – 28 Step left diagonally right. Touch right to right side.
- 29 – 30 Step right diagonally left. Touch left to left side.
- 31 – 32 Step left diagonally right. Turning to face new wall (3) – kick right foot forward.

RESTART: Count 16 on 9th wall (facing 'Home').