

El Tongoneo

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Deborah Ellis & Sebastiaan Holtland (NL) - May 2009
音乐: El Tongoneo - Mestizzo : (CD: Latin 96)



Intro 48 count after the vocals

Sec 1 (1-8) 1/2 Step Pivot L, 3/4 Channe Turn, Side Step, Cross Mambo R, Cross Mambo L

1-2 Step Rf forward, turn 1/2 left take weight onto Lf (6:00)
3-4 Close Rf next Lf, Rf+Lf turning 3/4 left and step Lf to the left weight onto Lf (9)
5&6 Mambo Rf in front of Lf, recover on Lf, step Rf to the right weight onto Rf
7&8 Mambo Lf in front of Rf, recover on Rf, step Lf to the left side weight onto Lf (9:00)

Sec 2 (9-16) Cross Unwind Kick Fwd, Coasterstep, Stomp Hold, Stomp Hold

1-2 Cross Rf over Lf (1), unwind 3/4 L on both feet and kick forward on Lf (2) (12:00)
3&4 Stepping back on Lf (3), close Rf next to Lf (&), stepping forward on Lf weight onto Lf (4)
&5-6 Stomp forward on Rf (&5), HOLD (6)
&7-8 Stomp forward on Lf (&7), HOLD (8) (12:00)

RESTART: From here IN the 3rd wall you get a restart in the music AFTER the counts 13 t/m 16

Sec 3 (17-24) Back Hip Bumps R, Hook, Lockstep Fwd, Turn 1/4 L And Kick Fwd, Cross Back Side

1-2 Bump R hip back (1), center bump R hip back take weight onto Rf (2) (12:00)
3&4 Stepping forward on Lf (3), lock Rf behind Lf (&), stepping forward on Rf weight onto Rf
&5-6 Turn 1/4 left and kicking forward on Rf (&5), cross Rf over Lf weight onto Rf (6) (9)
7-8 Stepping back on Lf (7), stepping Rf to the right side (8) (9:00)

Sec 4 (25-32) Rock Fwd / Recover, 1/4 Turn Lockstep Fdw, Pivot 1/2 L, 1/4 Step With Rf Out In A Quick Motion, Hold

1-2 Rock forward on Lf (1), recover on Rf (2) (9)
3&4 Turn 1/4 left and stepping forward on Lf (3), lock Rf behind Lf (&), st epping forward on Lf weight onto Lf (6)
5-6 Step Rf forward (5), turn 1/2 left take weight onto Lf (6)
&7-8 Turn 1/4 left and step Rf out to the right and take weight onto both feet (&7), HOLD (8) (9:00)

Sec 5 (33-40) Syncopated Weave With 1/4 Turn R, Pivot 1/2 Left, Lockstep Fwd

1&2 Cross Lf behind Rf (1), step Rf to the right side (&), cross Lf over Rf (2) (9)
&3&4 Step Rf to the right side (&), step Lf behind Rf (3), turn 1/4 right and stepping forward on Rf (&), stepping forward on Lf weight onto Lf (4) (12)
5-6 Step forward on Rf (1), pivot 1/2 left and take weight onto Lf (6)
7&8 Stepping forward on Rf (7), lock Lf behind Rf (&), stepping forward on Rf weight onto Rf (8) (6:00)

Sec 6 (&41-48) & Kick & Back, Mambo Back & Fwd, Cross Rock / Recover, 1/4 Sailor Cross L

&1&2 Lift left knee up slightly (&), Kick left foot down and across front of right (1), Lift left knee up, left foot close to right knee (&), Step left foot crossed b ehind right (2) (6:00)
3&4 Mambo Rf back (3), recover on Lf (&), stepping forward Rf (4) (6)
5-6 Rock Lf forward (5), recover on Rf (6)
7&8 Cross Lf behind Rf (7), turn 1/4 right and step Rf out to the right side (&), cross Lf over Rf take weight onto Lf (9:00)

Start Over And Enjoy!

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