

Copycat

COPPER **NOB**
BY STEPHENETS

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Vikki Morris (UK) & Karl Cregeen (UK) - May 2009
音乐: Copycat - Copycat : (Album: Eurovision 2009 - Belgian Entry)



Start on vocals – body angled towards the right diagonal (1 0'clock) The first 24 counts are dance to the diagonal

LOCK STEP, STEP ½ PIVOT STEP, RUNNING STEP

- 1-4. Step fwd Rt, Lock Lt behind Rt , Step fwd Rt, hold. (1 0'clock)
5-8. Step fwd with Lt, 1/2 pivot turn right, step fwd with Lt, hold. (7 o'clock)
9-12. With knees slightly bent run fwd on Rt, Lt, Rt, hold.

LOCK STEP, STEP ½ PIVOT STEP, RUNNING STEP

- 13-16. Step fwd Lt, Lock Rt behind Lt, Step fwd Lt, hold.
17-20. Step fwd with Rt, 1/2 pivot turn left, step fwd with Rt, hold (1 0'clock)
21-24. With knees slightly bent run fwd on Lt, Rt, Lt, hold.

REVERSE ¼ MONTEREY, TOUCH STEPS,

- 25-28. Touch Rt to right side (straighten up to 12 0'clock), Rt in place, Touch Lt to the left, turn ¼ to the left as you step Lt in Place. (9 0'clock)
29-32. Touch Rt to right, step Rt in place, touch Lt to left side, Lt in place.

HEEL & TOE SWIVELS WITH HEEL TOUCH.

- 33-36. Swivel heels to right, swivel toes to right, swivel heels to right, Place Lt heel diagonally forward.
37-40. Bring Lt next to Rt as you swivel heels to left, swivel toes to left, swivel heels to left, Place Rt heel diagonally forward. (9 0'clock)

HOOK, HEEL TOUCH, FLICK, STEP, ½ LT BOUNCE TURNS WITH KICK

- 41-44. Hook Rt heel in front of left shin, Touch Rt heel fwd, Flick Rt heel behind, step right fwd.
45-48. Turn ½ turn to the left as you bounce three times on your heels
(Weight ends on Rt - Arms out to the sides for effect), Kick your Lt foot slightly fwd on a fourth bounce.(3 0'clock)

BEHIND-SIDE-CROSS, SIDE ROCK RT, STEP

- 49-52. Step Lt behind Rt, step Rt to right side, step Lt across Rt, hold.
53-56. Rock out to right, replace weight onto Lt, step fwd on to Rt, hold.(3 0'clock)

STEP ½ PIVOT STEP, HIP BUMPS

- 57-60. Step fwd with Lt, 1/2 pivot turn right, step fwd with Lt, hold. (9 0'clock)
61-64. Bump your hips for four counts Rt, Lt, Rt, Lt towards right diagonal (11 0'clock)

Start Again! With a SMILE!

(Email:gypsyncowgirl@blueyonder.co.uk)