

Maria

拍数: 64 墙数: 4 级数: Improver
编舞者: Rob Fowler (ES) - November 2008
音乐: Maria - George Strait : (CD: One Step At A Time)



S1. Left rumba box forward

1 - 2 Step left foot to left, Step right next to left
3 - 4 Step forward left, Hold
5 - 6 Step right to right side, Step left next to right
7 - 8 Step back on right, Hold

S2. Side chasse with ¼ turn left rock step ½ turn right

9 - 10 Step left to left side, step right next to left
11 - 12 Make ¼ turn left stepping onto left, Hold
13 - 14 Rock forward right, recover back onto left
15 - 16 Make ½ turn right stepping forward right, Hold

S3. Step forward left, make ½ turn right, step forward left making ¼ turn right, sweep right, behind, side, cross, sweep

17 - 18 Step forward left, make ½ turn right
19 - 20 Step forward left making ¼ turn right, Sweep right behind left (no weight)
21 - 22 Step right behind left, Step left to left side
23 - 24 Cross right over left, Sweep left from back to front

S4. Cross, side, behind, sweep, behind, side, step forward

25 - 26 Cross right over left, Step right to right side
27 - 28 Cross left behind right, Sweep right behind left
29 - 30 Cross right behind left, Step left to left side
31 - 32 Step forward right, Hold

S5. Left, lock, left ½ turn, right, lock, right, ¼ turn right, Left, lock, left ½ turn, right, lock, right, brush

33 - 36 Step forward left, Lock right behind left, Step forward left, Make ½ turn left
37 - 40 Step forward right, Lock left behind right, Step forward right, Make ¼ turn right
41 - 44 Step forward left, Lock right behind left, Step forward left, Make ½ turn left
45 - 48 Step forward right, Lock left behind right, Step forward right, Brush left

S6. Left, lock, left, brush, right, lock, right, brush

49 - 50 Step left to left diagonal, Lock right behind left
51 - 52 Step forward left diagonal, Brush right
53 - 54 Step right to right diagonal, Lock left behind right
55 - 56 Step forward right diagonal, Brush left

S7. Rock, step, ½ turn left, hold, step forward right ½ turn left, step forward right, touch left next to right

57 - 58 Step forward left, Recover back onto right
59 - 60 Making ½ turn left stepping forward left, Hold
61 - 62 Step forward right, Make ½ turn left
63 - 64 Step forward right, Touch left next to right