

Moscow's A&O

拍数: 32 墙数: 4 级数: Beginner / Novice Lilt
编舞者: Petra Kieseletter (DE) & Georg Kieseletter (DE) - April 2009
音乐: Miss Kiss Kiss Bang (Radio Version) - Alex Swings Oscar Sings! : (German contribution to Eurovision Song Contest 2009)



Start with lyrics after 8 beats intro

Sugar Foot, Lindy Right

1 RF forward with heel pointing inward. While taking weight twist heels outward
2 LF forward with heel pointing inward. While taking weight twist heels outward
3 RF forward with heel pointing inward. While taking weight twist heels outward
4 LF forward with heel pointing inward. While taking weight twist heels outward
5 RF sideward
a LF together
6 RF sideward
7 LF behind RF
8 RF take weight again

Lindy Left, Kick, Kick Diagonally Right into Point Switches (l-r)

1 LF sideward
a RF together
2 LF sideward
3 RF behind RF
4 LF take weight again
5 RF kick forward
6 RF kick diagonally right
a RF together
7 LF point sideways left
a LF together
8 RF point sideways right

Restart here during 4th round (after 16 beats instrumental).

Shuffle Forward, $\frac{3}{4}$ Spiral (cw), Side into Knee Flaps w. Bounces

1 RF forward
a LF behind RF
2 RF forward
3 LF cross in front
4 LF turn three quarters clockwise on left ball. Right Tip remains in original place

Restart here during 10th round (after 20 beats starting with step dance sounds through a saxophone solo).

5 RF place sideward without weight
a lift onto balls and open knees
6 drop both heels, flap knees inward and shift weight a bit towards right
a lift onto balls and open knees
7 drop both heels, flap knees inward and shift weight a bit towards right
a lift onto balls and open knees
8 RF drop both heels, flap knees inward and take weight on right

Kick-Ball-Cross, Kick-Ball-Cross, Side into Knee Flaps w. Bounces

1 LF kick diagonally forward left
a LF step onto ball close to right
2 RF cross in front

- 3 LF kick diagonally forward left
- a LF step onto ball close to right
- 4 RF cross in front
- 5 LF place sideward without weight
- a lift onto balls and open knees
- 6 drop both heels, flap knees inward and shift weight a bit towards left
- a lift onto balls and open knees
- 7 drop both heels, flap knees inward and shift weight a bit towards left
- a lift onto balls and open knees
- 8 LF drop both heels, flap knees inward and take weight on left

Start Again...
