

# Young and Wild

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Theresa Needham (UK) - May 2009  
音乐: Hit the Ground Runnin' - Keith Urban : (CD: Defying gravity)



Intro: 32 count from main beat (starts on main vocals)

Alt. Eric Church. Young and wild. CD. Carolina. 130 BPM.

## SIDE, BEHIND, BALL CROSS, 1/2 TURN LEFT, CROSS SHUFFLE, STEP SIDE

1 – 2      Step R to R side, step L behind R,  
& 3      Step R next to L, cross L over R  
4 – 5      Making ½ turn L, step back on R, step L to L side (6-00)  
6 & 7      Step R over L, step L to L side, step R over L  
8      Step L to L side

## SIDE, BEHIND, ½ TURN RIGHT, STEP, LEFT LOCKSTEP, FORWARD MAMBO

1 – 2      Step R to R side, step L behind R  
& 3 – 4      Making ½ turn R, step forward on R, step L to L side, step forward on R (12-00)  
5 & 6      Step forward on L, lock R behind L, step forward on L  
7 & 8      Rock forward on R, recover on L, step R beside L

## FULL TURN LEFT, COASTER STEP, STEP ¼ TURN LEFT, CROSS SHUFFLE

1 – 2      ½ turn L stepping forward on L, ½ turn L stepping back on R \*  
3 & 4      Step back on L, step R beside L, step forward on L  
5 – 6      Step forward on R, make ¼ turn L (9-00)  
7 & 8      Cross R over L, step L to L side, cross R over L

\* Option. Walk back, left, right

## HEEL SWITCHES ¼ TURN LEFT, ROCK RECOVER, COASTER STEP

1 & 2 &      Making 1/8 turn L dig L heel forward step L together, dig R heel forward step R together  
3 & 4 &      Making 1/8 turn L dig L heel forward step L together, dig R heel forward step R together  
(6-00)  
5 – 6      Rock forward on L, recover onto R  
7 & 8      Step back on L, step R beside L, step L forward

## ROCK RECOVER, SHUFFLE ½ RIGHT, STEP PIVOT ½ RIGHT, SHUFFLE FORWARD

1 – 2      Rock forward on R, recover onto L  
3 & 4      Shuffle ½ turn R (12-00)  
5 – 6      Step forward on L, pivot ½ turn R (6-00)  
7 & 8      Shuffle forward on L

## MODIFIED RUMBA BOX WITH ¼ TURN LEFT

1 – 2      Step R to R side, step L next to R  
3 & 4      Shuffle back,  
5 – 6      Step L to L side, step R beside L  
7 & 8      Shuffle ¼ turn L (3-00)