Love Her Forever

拍数:80

级数: Intermediate

编舞者: Francien Sittrop (NL) - May 2009

音乐: Hold On - Alain Clark

Intro : Start after 16 counts (8sec.) on Vocals Website : http://franciensittrop.come2me.nl

It seems much 80 counts but the steps are easy. Just give it a try and sing along.

(1 – 8) R Side Shuffle, Rock Back, Recover, L Kickball Cross, L Toe Strut

- 1&2 Step R to R side, Step L next to R, Step R to R side
- 3 4 Rock L Back , Recover on R
- Kick L fwd, Step L down, Cross R over L 5&6
- 7 8 Step L toe to L side, Step L down

(9-16) Jazz Box, Cross Shuffle, Kick R, and Cross, Touch R

- 1 3Cross over L, Step L back, Step R to R side
- Step L across R, Step R to R side, Step L across R, 4&5
- 6 Kick R to R side
- &7-8 Step R next to L, Cross L over R, Touch R to R side

(17-24) L Cross Shuffle, ¼ Turn R, ¼ Turn R, Kick Ball Cross, Side Rock, Recover

- 1&2 Step R across L, Step L to L side, Step R across L
- 3 4 1/4 R and step L back, 1/4 R and step R to R side (6.00)
- 5&6 Kick L fwd, Step L down, Cross R over L
- 7 8 Rock L to L side, Recover on R

(25-32) Behind, ¼ R, Fwd, Scuff, Step diag. R fwd with Touch, Step diag. L fwd with Touch

- 1 4Step L behind R, ¼ R and step R fwd, Step L fwd, Scuff R fwd (9.00)
- 5 6 Step R diag. R fwd and touch L next to R (clap or click fingers)
- 7 8 Step L diag. L fwd and Touch R next to L, (clap or click fingers) Restart here during wall 4

(33-40) Walks back x2, Rock back, Recover, Step fwd, Touch, Step Back, Touch

- 1 2Walk back R . L
- 3 4Rock R back, Recover on L
- 5-6 Step R fwd , Touch L behind R and bend knees
- 7 8Step L back, Touch R in front of R

(41-48) Step fwd, Pivot ½ Turn, ½ Turn and step back, Back, Cross, Back, Back, Cross

- 1 2 Step R fwd, 1/2 Turn L (3.00)
- 3 4 1/2 Turn L and step R back , Step L back (9.00)
- 5 6Step R across L, Step L back
- 7 8 Step R back, Step L across R

(49-56) Side Rock , Recover, Cross Shuffle x2

- 1 2Rock R, Recover on L
- 3&4 Cross R over L, Step L to L side, Cross R over L
- 5 6Rock L, recover on R
- 7 & 8 Cross L over R, Step R to R side, Cross L over R

(57-64) Side, Hold, Close, Side, Touch, Side, Hold, Close, 1/4 Turn L , Scuff

Step R to R side, Hold 1 – 2





墙数:4

- &3-4 Step L next to R, Step R to R side, Touch L next to R
- 5 6 Step L fwd, Hold
- &7-8 Step R next to L, ¼ turn L and Step L fwd , Scuff R fwd (6.00)

(65-72) Side, Behind, ¼ Turn R, Fwd, Pivot ¾ Turn, Side, Behind , ¼ Turn L

- 1 4 Step R to R side, Step L behind R, ¼ Turn R and step R fwd, Step L fwd (9.00)
- 5 6 Pivot ½ Turn R, ¼ Turn R and step L to L side (6.00)
- 7 8 Step R Behind L, ¼ Turn L and step L fwd (3.00)

(73-80) Rocking Chair, Pivot ½ Turn L, R Kick Ball Cross

- 1 4 Rock R fwd, Recover on L, Rock R back, Recover on L
- 5 6 Step R fwd, ½ Turn L (9.00)
- 7 & 8 Kick R fwd, Step R down , Step L across R

Tag 1: After Wall 2

- 1 2 Step R to R side, Touch L next to R
- 3 4 Step L to L side, Touch R next to L
- 5 8 Hip sways R,L,R,L

Restart during wall 4 after 32 counts