St John's Hustle



编舞者: Phil Johnson (UK) - May 2009

音乐: The Hustle (Original Mix) - Van McCoy: (CD: The Hustle and The Very Best of

Van McCoy)

或: I Don't Feel Like Dancin' (Radio Edit) - Scissor Sisters: (CD single)

或: Dancing Queen - ABBA: (CD: Abba Gold)

或: Like She's Not Yours - The Bellamy Brothers : (CD By Request or Red Neck Girls

Forever)

Written for a Charity Linedance Social for St John's Church Sewerby

Music 1: 64 count intro Music 2: 16 count intro (Pop) Music 3: 72 count intro (Classic) Music 4: 32 count intro (Country)

...... Get the flairs and big collared shirts out

Right Toe Taps Forward x 2. Right Toe Taps back x 2. Right Toe Touches Forward, Back Forward. ¼ Turn Left with Right Hitch and Finger Clicks

1-4 Tap right toe forward twice, tap right toe back twice;

5-8 Touch right forward, touch right toe back, touch right toe forward, pivot $\frac{1}{4}$ turn left hitching

right knee whilst clicking fingers.

Walk Back Right Left Right Hitch Left and Clap. Walk Forward Left Right Left Point Right Toe to Right and Right Finger to Ceiling

9-12 Walk back right left right hitch left knee up and clap (leaning slightly back); (This step could be done as a "Chicken" step – Thumbs under armpits and elbows waving up and down to

steps 9-10-11 and then hitch and clap on 4)

13-16 Walk forward left, right, left, point right toe to right whilst fully extending right arm and point

right finger to ceiling to right. (Left hand on hip if you like)

Travolta x 4 (with left hand on hip if you like). Arm Waves Across Chest

17-20 Point right finger down across body to left side, point right finger to ceiling to right, Point right finger down across body to left side, point right finger to ceiling to right

(Counts 17-20 should be done whilst bumping hips left right left right, weight on left and right toe still pointing to right);

21-24

Clasp hands together (fingers between fingers) so that right elbow points to ceiling and left elbow to floor, raise left elbow to point to ceiling and lower right elbow to point to floor, rolling wrists so that right wrist goes down and left wrist up so that the back of both hands face to the right. Then reverse the move so that hands, arms, wrists elbows create a wave effect – they should like rubber! (keep the hips bumping).

Grapevine Right, Clap. Grapevine Left with Eggbeaters, Clap x 2

25-28 (Still creating waves (counts 21-24) if you like) Grapevine to the right ending with left toe

touch and a clap;

29-32 Grapevine to the left ending with right toe touch and two claps (&32) – at the same time roll

fists around each other.

(Steps 29-32 could be a rolling vine)

Tag:- If using "I Don't Feel like Dancing" - End of wall Eleven (facing three 0'clock)

Eggbeater or Hand Rolls

1&2 Roll fists around each other to the left 3&4 Roll fists around each other to the right

OK INTERMEDIATE DANCERS....NOW LETS GO......

End of wall four you will be starting facing the home wall vary the dance as follows

End the grapevine from the end of wall four with right toe pointing to right to make the new start easier Touch Right Back and Step Right, Touch Left Back and Step Left, Full Turn Left with Toe Touches, ¼ Pivot Left hitching Right

Touch right toe behind left (taking a little weight), recover weight on left, step right to right

side;

Touch left toe behind right (taking a little weight), recover weight on right, step left to left side;

5&6&7 ¼ turn left slightly hitching right across left, touch right toe to right side, ½ turn left slightly

hitching right across left, touch right toe to right side, ¼ turn left slightly hitching right across

left, touch right toe to right side (12 0'clock)

&8 (weight on left)1/4 turn left hitching right knee whilst clicking fingers.

(steps 5-8 with arms out bent at elbows, hands either side of the head clicking fingers) (9 o'clock)

Walk Back Right Left Right Hitch Left and Clap. Full Turn Left Travelling Forward with Eggbeaters, Point Right Toe to Right and Right Finger to Ceiling

9-12 Walk back right left right hitch left knee up and clap (leaning slightly back); (This step could

be done as a "Chicken" step – Thumbs under armpits and elbows waving up and down to

steps 9-10-11 and then hitch and clap on 4)

13-16 Step left forward, ½ turn left stepping back on the right, ½ turn left stepping forward on left,

point right toe to right whilst fully extending right arm and point right finger to ceiling to right.

(Roll fists around each other as you turn)

Travolta x 4 (with left hand on hip if you like). Point Right Finger around the room

17-20 Point right finger down across body to left side, point right finger to ceiling to right, Point right

finger down across body to left side, point right finger to ceiling to right

(Counts 17-20 should be done whilst bumping hips left right left right, weight on left and right toe still pointing to right);

21-24 (Whilst still bumping hips) Stretch right arm out forward pointing first finger ahead, move arm around the room to the right still pointing finger (let your eyes follow the arm around the room

catch the eye of the girl/boy you want and wink)

Rolling Grapevine Right with Eggbeaters, Clap. Rolling Grapevine Left with Eggbeaters, Clap x 2

25-29 1/4 turn right stepping right forward, ½ turn right stepping back on left, ¼ turn right stepping

right to right side, touch left toe beside right and clap;

30-32 ¼ turn left stepping left forward, ½ turn left stepping back on right, ¼ turn left stepping left to

left side, point right toe to right and clap twice (&32)

(As you dance each grapevine roll fists around each other).

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