

# The Bra Dance

拍数: 64                      墙数: 4                      级数: Intermediate  
编舞者: Ross Brown (ENG) - May 2009  
音乐: Jag Ljuger Så Bra - Linda Bengtzing : (CD: Ingenting Att Forlora - 3:04)



## Intro: 24 Counts (Approx. 20 Secs)

### **BALL, CROSS. KICK BALL CROSS. SIDE. SAILOR STEP. ROCK BACK ¼ TURN R, RECOVER.**

- &1                      Step slightly back with right, cross step left over right.
- 2&3                    Kick right foot forward to right diagonal, step right next to left, cross step left over right.
- 4                        Step right to the right.
- 5&6                    Cross step left behind right, step right to the right, step left to the left.
- 7-8                    Make a ¼ turn right rocking back with right, recover onto left.(3 o'clock)

### **SHUFFLE ½ TURN L. ROCK BACK, RECOVER. STEP, STEP, PIVOT ¼ TURN L, CROSS.**

- 1&2                    Shuffle a ½ turn left stepping; right, left, right.
- 3-4                    Rock back with left, recover onto right.
- 5-6-7-8              Step forward with left, step forward with right, pivot a ¼ turn left, cross step right over left.(6 o'clock)

### **TOUCH; FORWARD, SIDE. TOGETHER, SIDE, SLIDE. TOUCH; FORWARD, SIDE. TOGETHER, SIDE ROCK, RECOVER.**

- 1-2                    Touch left foot forward, touch left foot to the left.
- &3-4                   Step left next to right, step right to the right, slide left up to right.

#### **[Weight stays on Right]**

- 5-6                    Touch left foot forward, touch left foot to the left.
- &7-8                   Step left next to right, rock right to the right, recover onto left.(6 o'clock)

### **CROSS, SIDE, TOGETHER. CROSS, HITCH ½ TURN L. SIDE STOMP, HOLD. SAILOR ¼ TURN L.**

- 1-2&                   Cross step right over left, step left to the left, step right next to left.
- 3-4                    Cross step left over right, make a ½ turn left hitching right knee up.
- 5-6                    Stomp right to the right, hold for 1 count.
- 7&8                    Make a ¼ turn left stepping; left behind right, right next to left, forward with left. (9 o'clock)

### **CROSS, SIDE, TOGETHER. CROSS, SIDE, TOGETHER. ROCK FORWARD, RECOVER. SHUFFLE ½ TURN R.**

- 1-2&                   Cross step right over left, step left to the left, step right next to left.
- 3-4&                   Cross step left over right, step right to the right, step left next to right.
- 5-6                    Rock forward with right, recover onto left.
- 7&8                    Shuffle a ½ turn right stepping; right, left, right. (3 o'clock)

### **CROSS, SIDE, TOGETHER. CROSS, SIDE, TOGETHER. ROCK FORWARD, RECOVER. SHUFFLE ½ TURN L.**

- 1-2&                   Cross step left over right, step right to the right, step left next to right.
- 3-4&                   Cross step right over left, step left to the left, step right next to left.
- 5-6                    Rock forward with left, recover onto right.
- 7&8                    Shuffle a ½ turn left stepping; left, right, left. (9 o'clock)

### **TOUCH; FORWARD, SIDE. SAILOR ¼ TURN R. STEP, PIVOT ½ TURN R. STEP, SLIDE.**

- 1-2                    Touch right foot forward, touch right foot to the right.
- 3&4                    Make a ¼ turn right stepping; right behind left, left next to right, forward with right.
- 5-6                    Step forward with left, pivot a ½ turn right.
- 7-8                    Step forward with left, slide right up to left. [Weight stays on Left](6 o'clock)

**TOUCH; FORWARD, SIDE. SAILOR  $\frac{1}{4}$  TURN R. STEP, PIVOT  $\frac{1}{2}$  TURN R. STEP, SLIDE.**

1-8 Repeat the Previous Section. (3 o'clock)

**End of Dance. Start again and Enjoy!**

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