

# Hurt Don't Know

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Dee Musk (UK) - April 2009  
音乐: Hurt Don't Know When To Quit - Rissi Palmer



**Intro: 16 Count Intro. Approx 13 seconds.**

## **Side Back Rock, Side, Coaster Step, Run Run, Sway R Sway L, Together Cross.**

1,2&      Step L to L side, cross rock R behind L, recover weight to L.  
3          Step R to R side.  
4&5      Step back on L, close R beside L, step forward on L.  
6&      Run forward R, L.  
7,8      Sway R, sway L.  
&1      Step R beside L, cross step L over R. (12 o'clock).

## **Side, Back Rock ¼ Turn L, Step, Step ¾ Turn R, Behind Side.**

2          Step R to R side.  
3&4      Cross rock L behind R, recover weight to R, make a ¼ turn L stepping L forward.  
5          Step forward on R.  
6&7      Step forward on L, make a ¾ turn R (weight on R), step L to L side.  
8&      Cross step R behind L, step L to L side. (6 o'clock).

## **Rock Recover, Side, Weave, Rock Recover Together Walk R, L.**

1,2&      Cross rock R over L, recover weight to L, step R to R side.  
3&4&      Cross step L over R, step R to R side, cross step L behind R, step R to R side.  
5,6&      Cross rock L over R, recover weight to R, step L beside R.  
7,8      Walk forward R, walk forward L. (6 o'clock).

## **Step ½ Turn ½ Turn L, Sailor ¼ Turn L, Rock Recover ½ Turn R, Step ¾ Turn, Side Close.**

1&2      Step forward on R, make a ½ turn L (weight forward on L), make a further ½ turn L stepping back on R.  
3&4      Making a ¼ turn L cross step L behind R, step R to R side, step forward on L.  
5&6      Rock forward on R, recover weight to L, make a ½ turn R stepping forward on R.  
7&      Step forward on L, make a ¾ turn R (weight on R).  
8&      Step L to L side, close R beside L. (6 o'clock).

**Relax and enjoy Dee xx**

**Dee:- 07814 295470 [deemusk@btinternet.com](mailto:deemusk@btinternet.com)**