

Leave The Boat

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Easy Intermediate Country
编舞者: Rachael McEnaney (USA) - April 2009
音乐: Where the Boat Leaves From - Zac Brown Band : (Album: The Foundation)



Count In: Dance starts 48 counts from start of track – dance begins on vocals

Notes: 1 tag on 5th wall – waltz section. 1 restart on 7th wall.

(1 – 8) ¼ R shuffle, ¼ L shuffle, ½ R shuffle, L mambo forward.

- 1 & 2 Make ¼ turn right stepping forward on right (1), step left next to right (&), step forward on right (2) 3.00
- 3 & 4 Make ¼ turn left stepping forward on left (3), step right next to left (&), step forward on left (4) 12.00
- 5 & 6 Make ½ turn right stepping forward on right (5), step left next to right (&), step forward on right (6) 6.00
- 7 & 8 Rock forward on left (7), recover weight onto right (&), step back on left (8) 6.00

(9 – 16) R back rocking chair, R coaster step, L shuffle forward, step R, ¼ pivot L

- 1 & 2 & Rock back on right (1), recover weight onto left (&), rock forward on right (2), recover weight onto left (&) 6.00
- 3 & 4 Step back on right (3), step left next to right (&), step forward on right (4) 6.00
- 5 & 6 Step forward on left (5), step right next to left (&), step forward on left (6) 6.00
- 7 & 8 Step forward on right (7), pivot ¼ turn left (weight on left) (&), cross right over left (8)

– waltz section happens here on 5th wall 3.00

(17 – 24) Step L, touch R in out in, Step R, touch L in out, close L, syncopated ¼ Monterey turn x 2

- 1 & 2 & Step left to left side (1), touch right next to left (&), touch right to right side (2), touch right next to left (&) 3.00
- 3 & 4 Step right to right side (3), touch left next to right (&), touch left to left side (4) 3.00
- & 5 & 6 Step left next to right (&), touch right to right side (5), make ¼ turn right stepping right next to left (&), touch left to left side (6)

Restart here on 7th wall after closing left next to right on count 7 6.00

- & 7 & 8 Step left next to right (&), touch right to right side (7), make ¼ turn right stepping right next to left (&), touch left to left side (8) 9.00

(25 – 32) L cross shuffle, ½ turn with R cross shuffle, full paddle turn (volta) to left, stomp R L.

- 1 & 2 Cross left over right (1), step right to right side (&), cross left over right (2) 9.00
- a 3 & 4 Make ½ turn right on ball of left foot (no weight change) (a), cross right over left (3), step left to left side (&), cross right over left (4) 3.00
- 5 & 6 & 7 Make full turn to left over counts 5 – 7 it is basically like a turning cross shuffle: left (5), ball of right (&), left (6), ball of right (&), left (7) 3.00
- & 8 Stomp right next to left (&), stomp left next to right (8) – READY TO START AGAIN WITH ¼ SHUFFLE TO RIGHT 3.00

TAG: WALTZ SECTION: On 5th wall (start this wall facing 12.00) do the first 16 counts of dance then do below

- 1 – 6 Take big step left (1), drag right to left (2, 3), take big step right (4), drag left to right (5, 6) 3.00
- 7 – 12 Take big step forward on left (1), drag right to left as you make ¼ turn left (2, 3), step back on right (4), drag left to right (5, 6) 12.00
- 13 – 18 Cross left over right (1), touch right to right side (2), hold (3), step back on right (4), touch left to left side (5), hold (6) 12.00

19 - 24 Cross left over right (1), sweep right foot around (2,3), cross right over left (4), step to left side (5), cross right behind left (6) 12.00

25 – 42 Repeat counts 1 – 18 9.00

NOTE: Then do counts 25 – 32 of main part of dance (L cross shuffle) you will end facing 3.00 again ready to do 6th wall. 3.00

RESTART

On 7th wall (start this wall facing 6.00) do the first 22 counts of dance (you will be facing the front wall with left toe touched out to the side on count 6). Close left next to right on count 7. Then RESTART. 12.00

START AGAIN, HAVE FUN!

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