

Mu Mu Land

拍数: 32 墙数: 2 级数: Advanced Beginner
编舞者: William Sevone (UK) - April 2005
音乐: Justified and Ancient (Radio Edit) (feat: Tammy Wynette) - The KLF : (Many Compilations)



Choreographers note:- This has to be on of the most bizarre of collaborations, even by today's standards. Tammy Wynette, one of the greatest American country singers ever, performed the vocals on one of the most seriously silly of all dance songs. And yet it produced one of her most memorable songs –and biggest hits (it also

became her last, as she died in April 1998).

Tammy found her widest popular audience with this song. She reached out beyond her roots - to take a chance

- and what a chance it proved to be.

The longer album version of the song can also be used.. Though in parts it may present a challenge to some.

A general note: A Push Step is similar to a Rock Step – except that the dancer is leaning 'backward'.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on the vocals after the 32 count intro (48 count with album version), feet together, weight on the left foot.

Kick-Back-Step. 1/2 Right. Fwd. 1/2 Right Kick Ballforward. Fwd (12:00)

1& 2 Kick right foot forward, step right foot backward, step onto left foot.
3 – 4 Pivot ½ right (changing weight to right foot). Step forward onto left foot.
5 Pivot ½ right (changing weight to right foot)
6& 7 Kick left foot forward, step left foot next to right, step right foot forward.
8 Step forward onto left foot.

2x Diag Chasse. 2x Diag Fwd. Shuffle (12:00)

9& 10 (leaning body left) Chasse diagonally forward right stepping R.L-R.
11& 12 (leaning body right) Chasse diagonally forward left stepping L.R-L.
13 (leaning body left) Rock step right foot diagonally forward right.
14 (leaning body right) Rock step left foot diagonally forward left.
15& 16 Shuffle forward R.L-R.

Push Step. Side. 5x Walk Bwd. 1/2 Right Fwd (6:00)

17 – 18 (leaning backward) Push step forward. Step right foot to right side.

Counts 19-23 are performed with leading knee and hip pointing inward (similar to 'Elvis Knees').

19 – 20 Step backward onto: L. R.
21 – 22 Step backward onto: L .R.
23 – 24 Step backward onto left foot. Turn ½ right & step forward onto right foot.

Push Step. Coaster. 2x Soft Shoe Shuffle (6:00)

25 – 26 (leaning backward) Step forward onto left foot. Step onto right foot.
27& 28 Coaster Step stepping L.R-L.
29& 30 (on the spot) Step right slightly across & in front of left, step left back slightly, slide right back to left toe.
31& 32 (on the spot) Step left slightly across & in front of right, step right back slightly. slide left back to right toe.