

Take Your Pick

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Easy Intermediate
编舞者: Wanda Heldt (AUS) - February 2009
音乐: The Fame - Lady Gaga : (CD: Techno)



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Alternate Music:

Bae Twar Nay Lae by Tint Tint Tun [Burmese]
Echa Pa' Lante [Spanish cha-cha mix] by Thalia [Latin]
Women Rule The World by Lonestar [Country]

Split Floor with: Wanna Be Elvis / Boobyalla / Trashed / Bossy boots / Amame

[The dance was choreographed to The Fame by Lady Gaga. But Please feel free to ...Take Your Pick!! To Teach to any of the above mention songs that would suit your class the best]

RIGHT CROSS ROCK, SIDE SHUFFLE, LEFT CROSS ROCK, SIDE SHUFFLE

1 - 2 Cross Rock Right over Left, Recover on Left,
3&4 Step Right, Step Left beside Right, Step Right
5 - 6 Cross Rock Left over Right, Recover on Right
7&8 Step Left, Step Right beside Left. Step Left

LEFT SHUFFLE 1/2 TURN R.L.R. RIGHT SHUFFLE 1/2 TURN RIGHT L.R.L

1&2 1/2 Turn Left Shuffle stepping back Right, Left, Right
3 - 4 Rock back Left, Recover on Right
5&6 1/2 Turn Right Shuffle stepping back Left, Right, Left
7 - 8 Rock back on Right, Recover on Left

STEP FORWARD, KICK, STEP FORWARD, KICK, ROCK BACK, KICK, KICK

1 - 2 Step forward Right, Kick Left forward
3 - 4 Step forward Left, Kick Right forward
5 - 6 Rock back Right , Recover on left
7 - 8 Kick Right foot Twice forward

RIGHT VINE, 1/2 TURN RIGHT, WALK BACK, TOUCH

1 - 2 Step right, Step left behind Right
3 - 4 Step right, 1/2 turn Right on ball of Right foot
5-6-7 Step left foot back, Step right foot back, Step left foot back
8 Touch right next to left

SHARP 1/4 RIGHT WALK FORWARD, R.L.R. TOUCH, LEFT VINE WITH A RIGHT SCUFF

1 - 4 Make a sharp 1/4 turn Right, as you Walk forward Right, Left, Right Scuff Left at a slight 45 angle left
5 - 8 Step Left, Step Right Behind, Step Left, Scuff Right across Left

Restart... HAVE FUN - IN LIFE & IN DANCE