

The Best Love

拍数: 50 墙数: 2 级数: Intermediate
编舞者: Jan Wyllie (AUS) - April 2009
音乐: I've Been Loved By The Best - Adam Harvey



*Choreographed by request from Ross Atkinson from Arthurton, S.A. who just loves this song!
Intro: 16 count intro (Choreo April 09)

Side Behind, &Walk Fwd LR, Mambo Fwd, Coaster Back

1,2&3,4 Step R to right, Step L behind R, Step R beside L, Walk fwd L,R
5&6 Rock/step fwd on L, Rock/return wt back onto R, Step back on L (mambo step)
7&8 Step back on R, Step L beside R, Step fwd on R (coaster step)

Fwd 1/2 Together, Shuffle Fwd, 1/2 Touch Unwind 1/2, 1/2 Touch Unwind 1/4

9,10,11&12 Step fwd on L, Step R beside L while making 1/2 right, Shuffle fwd L,R,L
&13,14 Making 1/2 left step back on R, Touch L back, Unwind 1/2 left taking wt on L
&15,16 Making 1/2 left step back on R, Touch L back, Unwind 1/4 left taking wt on L

Cross Rock Return&, Across Side Behind Side, Cross Rock Return&, Heel& Heel&

17,18& Cross rock R over L, Rock back on L, Step R beside L
19&,20& Step L over R, Step R to right, Step L behind R, Step R to right
21,22& Cross rock L over R, Rock back on R, Step L beside R
23&,24& Touch R heel fwd, Step R beside L, Touch L heel fwd, Step L beside R

Fwd Back, 1/4 Coaster, Fwd Back&, Back Fwd&

25,26 Rock/step fwd on R, Rock back on L
27&28 Step back on R, Making 1/4 right step L beside R, Step fwd on R
29,30& Rock/step fwd on L, Rock back on R, Step L beside R
31,32 Rock/step back on R, Rock fwd on L *restart here on wall 5
& Step R beside L

Step Pivot 1/4, Shuffle Fwd, Side& Side&, Heel Hook Heel Together

33,34,35&36 Step fwd on L, Pivot 1/4 right transferring wt to R, Shuffle fwd L,R,L
37&, 38& Touch R toe to right, Step R beside L, Touch L toe to left, Step L beside
39&40& Touch R heel fwd, Hook R across L, Touch R heel fwd, Step R beside L

Step Pivot 1/2, Shuffle Fwd, Step Pivot 1/4, Behind &Across, &Touch Behind Click 41,42,43&44 Step fwd on L, Pivot 1/2 right transferring wt to R, Shuffle fwd L,R,L *restart wall 4 (see below)

45,46 Step fwd on R, Pivot 1/4 left transferring wt to L
47&48 Step R behind L, Step L to left, Step R across L
&49,50 Step L to left, Touch R toe across behind L, Click fingers of R hand

*There is a 2 count tag at the end of wall 2
Please repeat counts &49,50

*There is a restart on wall 4 after count 44
Please make the pivot turn at count 42 a 1/4 instead of 1/2 and cross shuffle instead of shuffling fwd - then start dance again

*There is a restart on wall 5 after count 32

*Finish of dance

Dance finishes facing the back wall - and there are 3 counts to go.

&1,2 Step R to right, Touch L toe back, Unwind 1/2 left to face front

Hope you enjoy this dance Ross....
Is the song the story of your life?????
See you on the floor sometime... Jan
