

# Chasing A Thrill

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Sadiah Heggernes (NOR/UK) - April 2009  
音乐: Chasing A Thrill - Jeanette : (CD: Undress To The Beat)



**Intro: 32 Count Intro – Start on main vocals**

## **Section 1: Ball Cross, Hold, Rock & Cross, Step ¼ Turn, Side, Cross Shuffle**

&1-2      Step right to right side. Cross left over right. Hold  
3&4      Rock right to right side. Rock weight back on left. Cross right over left  
5-6      ¼ turn right stepping back on left. Step right to right side 3:00  
7&8      Cross left over right. Small step with right to right side. Cross left over right

## **Section 2: Ball Cross, Hold, Rock & Cross, Step ¼ Turn, Side, Cross Shuffle**

&1-2      Step right to right side. Cross left over right. Hold  
3&4      Rock right to right side. Rock weight back on left. Cross right over left  
5-6      ¼ turn right stepping back on left. Step right to right side 6:00  
7&8      Cross left over right. Small step with right to right side. Cross left over right

## **Section 3: Side Rock, Rock Back, ¼ Pivot, Shuffle**

1-2      Rock right to right side. Rock weight back onto left  
3-4      Rock back on right. Rock forward on left  
5-6      Step forward on right. ¼ pivot left (weight on left) 3:00  
7&8      Step forward on right.. Close left beside right. Step forward on right

## **Section 4: Heel Switches, Hold, Touch, ¼ Turn, Cross, Touch**

1&      Touch left heel forward. Step left beside right  
2&      Touch right heel forward. Step right beside left  
3-4      Touch left heel forward. Hold  
5-6      Touch left behind right. ¼ pivot left keeping weight on left 12:00  
7-8      Cross right over left. Touch left to left side (weight on right)

## **Section 5: & Cross, Hold, Step, Heel, Hold, Kick Ball Step x 2**

&1-2      Small step back on left. Cross right over left. Hold  
&3-4      ¼ turn right stepping back on left. Touch right heel forward, Hold 3;00  
5&6      Kick right forward. Step down on right. Step forward on left  
7&8      Kick right forward. Step down on right. Step forward on left

## **Section 6: Step, Heel Bounce ½ Turn, Monterey ¼ Turn, Step**

1      Step forward on right  
2,3,4      Bounce both heels ½ turn left (weight stays on left) 9:00  
5-6      Point right to right side. ¼ turn right on ball of left. Step right beside left 12:00  
7&8      Touch left to left side. Step left beside right. Step forward on right

## **Section 7: Step, Pivot, Side, Behind Side Cross, Side, Together, Forward**

1-2      Step forward on left. Pivot ½ turn right 6.00  
3      Step left to left side  
4&5      Cross right behind left. Small step left to left side. Cross right over left  
6,7,8      Step left to left side. Close right beside left. Step left forward

## **Section 8: Side, Behind, Chasse, Cross, Back, Out, Out, Hold**

1-2      Step right to right side. Cross left behind right

3&4 Step right to right side. Close left beside right. Step right to right side  
5-6 Cross left over right. Step back on right  
&7-8 Step out on left to left side. Step out on right to right side. Hold  
**(weight stays on left) 6:00**

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