

# It's Fine

拍数: 32      墙数: 4      级数: Improver  
编舞者: Alan Haywood (UK) - March 2009  
音乐: It's Alright - Seal



**Intro: 32 count intro, start on word 'alright'**

**Right Side, Slide & Cross Shuffle, Rock ¼ Left, Recover, Triple ½ Left**

1-2      Step right to side, slide/touch left together  
&3&4      Step left together, cross right over left, step left to side, cross right over left  
5-6      Turn ¼ left and rock left forward, recover to right (9:00)  
7&8      Triple turn ½ left stepping left, right, left (3:00)

**Kick Right, & Kick Left, & Right Forward Shuffle, Rock Forward, Recover, ¼ Left Shuffle**

1&2&      Kick right forward, step right together, kick left forward, step left together  
3&4      Step right forward, step left together, step right forward  
5-6      Rock left forward, recover to right  
7&8      Turn ¼ left and step left to side, step right together, step left to side (12:00)

**Right Over, Left Side, Right Behind & Across, Left Side Rock, Recover, Left Behind Right ¼ Right Left Forward**

1-2      Cross right over left, step left to side  
3&4      Cross right behind left, step left to side, cross right over left  
5-6      Rock left to side, recover to right  
7&8      Cross left behind right, turn ¼ right and step right forward, step left forward (3:00)

**Rock, Recover, ½ Sailor Right (With A Cross), Left Side Rock & Cross, Sway Right, Sway Left**

1-2      Rock right forward, recover to left  
3&4      Turn ½ right and cross right behind left, step left to side, cross right over left (9:00)  
5&6      Rock left to side, step right together, cross left over right  
7-8      Sway right to side, sway left to side

**Repeat**

**Towards the end of the song, the song slows, keep dancing through. Music comes back to tempo**