

# Just Be Good

**COPPER** KNOB  
BY STEPHEN

拍数: 48                      墙数: 2                      级数: Improver  
编舞者: Mal Jones (UK) - March 2009  
音乐: Johnny B. Goode - Chuck Berry



## Alt Tracks:

Rave On by Buddy Holly (122bpm)

High Time For Gettin' Down by Travis Tritt (162bpm) c.d. The Storm

Bop To Be by Billy Swann (176bpm)

(Any upbeat track you have).

## RIGHT SIDE TOUCH, LEFT SIDE TOUCH, FORWARD TOUCH, BACK TOUCH

1 2                      Step right foot to right side , touch left foot to right instep  
3 4                      Step left foot to left side, touch right foot to left instep  
5 6                      Step forward on right foot, touch left foot to right instep  
7 8                      Step back on left foot, touch right foot to left instep

## RIGHT SIDE, BEHIND, SIDE, KICK, LEFT SIDE, CROSS, SIDE TOUCH

1 2                      Step right foot to right side, step left foot behind right,  
3 4                      Step right foot to right side, kick left foot to left diagonal  
5 6                      Step left foot to left side, cross step right foot over left,  
7 8                      Step left foot to left side, touch right foot to left instep

## STEP LOCK STEP, (RIGHT DIAGONAL) STEP LOCK STEP (LEFT DIAGONAL)

1 2                      Step right foot to right diagonal, lock left foot behind right,  
3 4                      Step right foot to right diagonal, brush and scuff left foot to left diagonal  
5 6                      Step left foot to left diagonal, lock right foot behind left,  
7 8                      Step left foot to left diagonal, touch right foot to left instep and square off to facing wall.

## ROCKING CHAIR, 2 x ¼ PADDLE TURNS LEFT

1 2                      Rock forward onto right foot, recover weight on left,  
3 4                      Rock back onto right foot, recover weight on left,  
5 6                      Step forward on right foot, step forward on left foot making ¼ turn left,  
7 8                      Step forward on right foot, step forward on left foot making ¼ turn left.

## RIGHT SIDE, BEHIND, SIDE, LEFT HEEL TOUCH, LEFT SIDE, CROSS, SIDE, RIGHT HEEL TOUCH.

1 2                      Step right foot to right side, step left foot behind right,  
3 4                      Step right foot to right side, touch left heel to left side,  
5 6                      Step left foot to left side, cross right foot over left,  
7 8                      Step left foot to left side, touch right heel to right side.

## RIGHT SIDE, LEFT HEEL TOUCH, SIDE HOLD, CROSS BACK SIDE PLACE.

1 2                      Step right foot to right side, touch left heel to left side,  
3 4                      Step left foot to left side, hold,  
5 6                      Cross right foot over left, step back onto left foot,  
7 8                      Step right foot to right side, step and place left foot next to right.