

# I've Been Lost

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate

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音乐: Loving You Makes Me A Better Man - Vince Gill : (Album: For Love of the Game)



Intro: 16 counts intro, start on vocals.

## Side, Rock, Recover, Side Shuffle, Press Ball, Sweep, Behind, Side, Cross.

- 1                    Step left to left side
- 2-3                Rock back on right, recover on left
- 4&5                Step right to right side, step left next to right, step right to right side
- 6-7                Step left forward (press ball), recover on right sweeping left around
- 8&1                Step left behind right, step right to right side, cross left over right

## Make 1/2 Turn, Step Back, Step Lock Step, Side, Behind, Step Lock Step.

- 2-3                Turn ½ right (weight on left), step back on right
- 4&5                Step forward on left, lock right behind left, step forward on left
- 6-7                Step right to right side, step left behind right
- 8&1                Step forward on right, lock left behind right, step forward on right

## Rock, Recover, Hitch, Coaster Step, Point, 1/4 Turn, Step Lock Step.

- 2-3&              Rock forward on left, recover on right, hitch left knee
- 4&5                Step back on left, step right next to left, step forward on left
- 6-7                Point right toe out to right, turn ¼ right on left foot (now right toe points forward)
- 8&1                Step forward on right, lock left behind right, step forward on right

## Step, 1/2 Turn, Step Lock Step, Step, 1/2 Turn, Sweep, Rock, Recover.

- 2-3                Step forward on left, turn ½ right (change weight on right)
- 4&5                Step forward on left, lock right behind left, step forward on left
- 6-7                Step forward on right, turn ½ left on right foot, sweeping left around
- 8&                 Rock back on left, recover on right

REPEAT

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