

At The Hop

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: At The Hop - Dancelife



Start dance on vocals. (48 counts after the strong beat starts)

SHUFFLE x2, BOOGIE WALKS or TWISTS

1&2 3&4 Shuffle left diagonal LRL, shuffle right diagonal RLR
5 6 Push left towards left diagonal lifting right heel, Push right towards right diagonal lifting left heel,
7 8 Push left towards left diagonal lifting right heel, Push right towards right diagonal lifting left heel,

SIDE, BEHIND, ¼ TURN FWD, TOUCH, KICK x2, ROCK, RECOVER

1 2 3 4 Step left, right behind left, ¼ turn left, touch right beside left (9.00)
5 6 7 8 Kick right twice, rock back right, recover left

ROCKING CHAIR with ½ TURN RIGHT

1 2 3 4 Rock right fwd, recover left, rock right back, recover left completing ¼ turn right (12.00)
5 6 7 8 Rock right fwd, recover left, rock right back, recover left completing ¼ turn right (3.00)

TOE HEEL CROSS, HOLD X2

1 2 3 4 Touch right toe beside left, touch right heel, cross right over left, hold
5 6 7 8 Touch left toe beside right, touch left heel, cross left over right, hold

RIGHT COASTAL, HOLD, ROCK, PIVOT ½ RIGHT, FWD, HOLD

1 2 3 4 Step right back, step left beside, step right fwd, hold
5 6 7 8 Step left fwd, pivot ½ turn right step on right, step left fwd, hold (9.00)

TOUCH, HOLD, TOUCH, HOLD, STEP AND TOUCH

1 2 3 4 Touch right to right, hold, touch left to left, hold
&5&6 Step left beside right, touch right to right, step right beside left, touch left to left
&7&8 Step left beside right, touch right to right, step right beside left, touch left to left

Repeat

After the first wall. add the tag

SIDE, TOGETHER, SIDE, TOUCH x2

1 2 3 4 Step left, step right beside left, step left, touch right beside left
5 6 7 8 Step right, step left beside right, step right, touch left beside right