

MUEVELO (you move it)

COPPERKNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Rep Ghazali (SCO) - March 2009
音乐: Muevelo - Los Super Reyes : (CD: Los Super Reyes - El Regreso De Los Reyes)



Intro: 64 count start on vocal

(1-8) LEFT CROSS SHUFFLE, ½ TURN RIGHT CROSS SHUFFLE, SIDE ROCK-RECOVER, CROSS-AND-HEEL

1&2 cross Left over Right, step Right to Right, cross Left over Right
3&4 ½ turn Right on the ball of Left cross Right over Left, step Left to Left, cross Right over Left (6)
5-6 side rock Left on Left, recover on Right and kick Left to Left
7&8 cross Left over Right, step back Right, touch Left heel diagonally forward Left (6)

(9-16) BALL FLICK, FULL TURN LEFT, TOUCH-TOUCH, RIGHT CROSS SHUFFLE, REVERSE PADDLE ½ TURN LEFT

&1 step Left together, flick back on Right
2-3 ¾ turn Left by stepping back Right, ¼ turn Left by stepping Left to Left side
(easier option: cross Right over Left, step Left to Left side)
&4 touch Right toe across Left, touch Right toe to Right
5&6 cross Right over Left, step Left to Left, cross Right over Left
7-8 with weight on Right touch Left to Left side making ¼ turn Left, with weight on Right touch Left to Left side making ¼ turn Left (12)

(17-24) LEFT SAILOR HEEL, AND-SKATE-SKATE, STEP-¼ PIVOT-CROSS, BACK-TOUCH

1&2 step Left behind Right, step Right to Right side, touch Left heel diagonally forward Left
&3-4 step Left together, skate Right, skate Left
5&6 step forward Right, ¼ pivot turn Left, cross Right over Left (9)
7-8 big step Left, slide Right toward Left and touch in front of Left (9)

(25-32) RIGHT HIP BUMPS, STEP-FULL TURN SWEEP, RIGHT SAILOR, OUT-OUT

1&2 bump forward Right, bump back on Left, bump forward Right
3&4 step forward Left, ½ pivot turn Right, ½ turn Right by stepping back on Left and sweep on Right
5&6 step Right behind Left, step Left to Left side, step Right to Right side
7-8 step out Left, step out Right shoulder apart (9)

Alt Track:

Muevelo by Pachanga Feat Kumbia Kings 121bpm 64 count intro - start on vocal
CD: Pachanga - La Revolucion De Pura Raza