Strength In Numbers



编舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - March 2009 音乐: If No One Will Listen - Kelly Clarkson: (CD: All I Ever Wanted)



***VERY important – start the dance on the first wall on COUNT 9

(Start 8 counts into the song after she sings "Maybe no one told you there is strength in your tears" Count the 8 with the piano notes as your guide)

(1-8) R night club basic, L side, R behind-side-cross unwind & sweep full turn L, L behind-side-ball cross R twice

1-2& Step R a large step right, rock L back, recover weight on R

3 Step L to left

4& Cross step R behind L, step L to left

5 Cross step R over L & unwind a full turn left as you sweep L around from front to back (12

o'clock)

6& Cross step L behind R, step R side

7&8& Cross step L over R, step R side, cross step L over R, step R side

FIRST WALL START HERE

(9-16) L cross rock 1/4 L, 1/2 turn back, L coaster step, R fwd rock & recover, 1 & 1/2 turn R, L fwd

1&2 Cross rock L over R, recover weight on R, turning ¼ left (9 o'clock)

3 Turning ½ left step R back a large step (3 o'clock) 4&5 Step L back, step R together, step L forward

6& Rock R forward, recover weight on L

7& Turning ½ right step R forward, turning ½ right step L back
8& Turning ½ right step R forward, step L forward (9 o'clock)

(17-24) R fwd rock & recover, R back diagonal step lock step, L side-cross over-side, R back rock & recover, ¼ L toaster step

1& Rock R forward, recover weight on L

2&3 On R back diagonal step R back, cross step L over R, step R back

&4& Step L to left, cross step R over L, step L to side

5&6 Rock R back, recover weight on L, step R a large step right

7&8 Turning ¼ left step L back, step R together, step L forward (6 o'clock)

RESTART here on wall 5

HOLD for 2 here on wall 6 and then complete the dance

(25-32) R fwd, L fwd, ½ R pivot turn, ¼ R & L night club basic, R night club with ¼ L turn, R fwd, ¾ L turn

1 Step R forward

2& Step L forward, pivot ½ left (12 o'clock)

3-4& Turning ¼ left step L to left (3 o'clock), rock R back, recover weight on L

RESTART here on walls 4 & 7

5-6& Step R a large step right, rock L back, recover weight on R

7-8& Turning ¼ left step L forward (12 o'clock), step R forward, pivot ¾ left (3 o'clock)

You can also complete the turn as you step R to side to begin the dance again

Phrasing Note: We loved the song but the phrasing made it a challenge to choreograph to. Because the song starts immediately with no intro you need to start the dance the first time through on count 9. Dance 3 walls as written and then you will have 3 walls with restarts and 1 with a hold. These will come on the front wall, back wall, left side wall and front wall.

On the 4th wall (9 o'clock): dance the first 28 counts and restart the dance (you will be facing 12 o'clock) On the 5th wall (12 o'clock): dance the first 24 counts (the music is all instrumental for this wall) and restart the dance (you will be facing 6 o'clock)

On the 6th wall (6 o'clock) dance the first 24 counts (you will be facing 12 o'clock). There is a pause in the song so HOLD for 2 counts and then continue with the final 8 counts of the dance to bring you to 9 o'clock wall

On the 7th wall (9 o'clock): dance the first 28 counts and restart the dance (you will be facing 12 o'clock) Ending: 9th wall (3 o'clock): dance the first 5 counts bringing yourself to the front wall and hold. In short form:

- *1st wall Start from count 9
- *2nd wall 32
- *3rd wall 32
- *4th wall 28 & restart from the FRONT WALL
- *5th wall 24 & restart from the BACK WALL
- *6th wall 24 HOLD for 2 finish the dance to start again on LEFT SIDE WALL
- *7th wall 24 & restart on FRONT WALL
- *8th wall 32
- *9th wall 1st 5 counts and end facing front