

Footsteps of Our Fathers

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - February 2009
音乐: Footsteps of Our Fathers - Pat Green : (Album: What I'm For)



Start after 16 count intro.

**Walk x 2, Shuffle in 1/2 Circle, Side Rock, Weave,
The next 4 counts will complete 1/2 circle travelling clockwise.**

1 2 Walk forward curving R to start the 1/2 circle on R, L.
3 & 4 Complete the 1/2 circle with R shuffle forward on R, L, R. (6.00)
5 6 Rock out on L to L side. Recover on to R.
7 & 8 Cross step L over R. Step R to R side. Cross step L behind R.

Side Rock, Sailor Step 1/2 Turn R, Step Touch. Kick Ball Change.

1 2 Rock out on R to R side. Recover on to L.
3 & 4 Cross step R behind L. Turn 1/2 R stepping L to L side. Step R in place.
5 6 Small step forward on L. Touch R toe next to L instep. (12.00)
7 & 8 Kick R forward. Step down on ball of R. Step down on L. ***Restart from here on Wall 2***

Rock Forward, Shuffle 1/2 Turn R, Rock Forward, Full Turn Back L.

1 2 Rock forward on R. Recover on to L.
3 & 4 Turn 1/4 R stepping R to R side. Step L next to R. Turn 1/4 R stepping forward on R.
5 6 Rock forward on L. Recover on to R.
7 8 Turn 1/2 L stepping forward on L. Turn 1/2 L stepping back on R. (6.00)

Rock Back, L Side Rock & Cross, R side Rock, Cross Shuffle.

1 2 Rock back on L. Recover on to R.
3 & 4 Rock out to L side on L. Recover on to R. Cross step L over R.
5 6 Rock out to R side on R. Recover on to L.
7 & 8 Cross step R over L. Step L to L side. Cross step R over L.

Step L. Hold, Coaster Step With 1/4 Turn R, Heel & Toe & Heel & Side Touch R.

1 2 Step L out to L side. Hold for 1 count.
3 & 4 Turn 1/4 R stepping back on R. Step L next to R. Step forward on R. (9.00)
5 & 6 Dig L heel forward. Step L next to R. Touch R toe back.
& 7 & Step R next to L. Dig L heel forward. Step L next to R.
8 Touch R toe out to R side.

(&) Side Step L, Clap, & Side Rock L, Weave R, Scissor Step 1/4 Turn L.

& 1 2 Step R next to L. Step L out to L side. Hold & clap hands.
& 3 4 Step R next to L. Rock out to L side on L. Recover on to R.
5 & 6 Cross step L behind R. Step R out to R side. Cross step L over R.
7 & 8 Step R to R side. Turn 1/4 L stepping L next to R. Step forward on R. (6.00)

Step Forward, clap, & Rock Forward, Weave R, Scissor Step 1/4 Turn L.

1 2 Step forward on L. Hold & Clap.
& 3 4 Step R next to L. Rock forward on L. Recover on to R.
5 & 6 Cross step L behind R. Step R to R side. Cross step L over R.
7 & 8 Step R to R side. Turn 1/4 L stepping L next to R. Step forward on R. (3.00)

Rock Forward, Triple Full Turn L, Cross, Back, Coaster Step, &.

1 2 Rock forward on L. Recover on to R.

3 & 4 Triple full turn L on the spot on L, R, L.
5 6 Cross step R over L. Step back on L.
7 & 8 Step back on R. Step L next to R. Step forward on R.
& Step L next to R.

Start Again

*****Restart: On Wall 2 After 16 counts*****
