Juvenile



编舞者: Shaz Walton (UK) - February 2009 音乐: Bust Your Windows - Jazmine Sullivan



Count in -32 from first heavy beat- start on the word "CAR".

*8 count tag – end of wall 2. "Get those hips going guys!"

(Weight starts left)

1-2-3 In figure of 8 motion, roll hips right-left-right (weight ends right)

4&5 Step left to left. Step right beside left. Step left to left as you flick right to right side.

6-7 Cross right over left. Make ¼ right stepping back left. 8&1 Step right back. Lock left over right. Step back right.

Rock back. Recover. 34. Press. Recover. Step. Press. Run back x3.

2-3 Rock back left. Recover on right.

4& Make ¼ right stepping left to left. Make ½ right stepping right in place.

5-6 Press left forward. Recover on right.

&7 Step left beside right. Press right forward. (Make the presses strong & expressive)

8&1 Make 3 small runs back left-right-left.

Point. Step. Dip. Rock. Step. Side. Cross. Step. Cross. side

2&3 Point right to right side. Step right beside left. Step left to left as you dip & recover

4&5 Cross rock right over left. Recover on left. Step right to right.

6&7 Cross step left over right. Step right to right. Cross step left over right.

8 Step right to right.

Rock. Recover. ¼ press. Recover. ¼ . Press. Recover. ¼ . Cross. Side. Step/ Flick.

Rock back on left. Recover on right. Make ¼ left as you press left forward.

Recover on right. Make ¼ left stepping left beside right. Press right forward.

Recover on left. Make ¼ left stepping right beside left. Press left forward.

Recover on right. Make ¼ left stepping left beside right. Cross step right over left. Step left to left. Step right beside left as you flick (straight leg) Left to left side.

(note- Make the press section strong using full use of upper body)

Cross. ¼. Reversed dipped triple ¾. ¼ raise. Forward. Run R-L-R/Kick.

2-3 Cross left over right. Make ¼ left as you step back right.

4&5 Stepping L-R-L & ending with L over R – dip slightly as you make a ¾ triple left.

6-7 Step right back making ¼ left as you raise left forward. Step left forward.

8&1 Run forward (small steps) R-L. Step right forward as you kick left forward (lean back- contract

upper body)

Forward. Touch. Out. In. Side. Rock back. Recover. 1/2. Together. Cross point.

2-3 Step forward left. Touch right beside left.

4&5 Point right to right. Touch right beside left. Take a big step to the right.

6-7 Rock back on left. Recover on right.

8&1 Make ½ turn right stepping back left. Step right to right. Point left across right.

Slow sweep ¼, Behind, Side, Forward, Cross ¼, Side, Rock back, Side,

2-3 M aking a ¼ turn left slowing sweep left foot out.

Cross step left behind right. Step right to right. Step left forward.
 Make ¼ right as you cross step right over left. Step left to left.
 Cross rock right behind left. Recover on left. Step right to right side.

Hold.ball step. Hold. Ball. Cross. Side. 1 1/4 turn right.

2&3 Hold. Step left beside right. Step right to side.

4&5-6 Hold. Step left beside right. Cross step right over left. Step left to left .

(Make the ball steps smooth & sexy making full use of your hips & Shoulders)

7&8& Make a 1 ¼ right stepping R-L-R-L – finish facing your new wall with left stepped to left side

ready to start the figure of 8 hips

TAG: 8 count tag- end of wall 2 (Facing the front)

Figure of 8 Hip Rolls. Chasse left. Figure of 8 Hip roll. Chasse right.

1-2-3 In figure of 8 motion, roll hips right-left-right (weight ends right)

Step left to left. Step right beside left. Step left to left.figure of 8 motion, roll hips right-left (weight ends left)

step right to right. Step left beside right. Roll hips to right (Count 1 is the start of your new

wall)