

# Sixty Minute Man

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Terry Pournelle (USA) - February 2009  
音乐: Sixty Minute Man - The Embers



Special thanks to Beverly Pournelle for the music suggestion!

Start dancin' on the vocals

## TOE, HEEL, CROSS, TOE, HEEL, CROSS, TOUCH, KICK

1-2            Right toe touch to left instep, right heel touch to left instep  
3-4            Cross right over left, left toe touch to right instep  
5-6            Left heel touch to right instep, cross left over right  
7-8            Right toe touch to left instep, kick right diagonal

(For more of a challenge try swiveling the opposite foot naturally (Sugar Foot))

## BEHIND, SIDE, CROSS, KICK, BEHIND, SIDE, ¼ TURN KICK

1-2            Cross right behind left, step left to left side  
3-4            Cross right over left, kick left foot to left diagonal  
5-6            Cross left behind right, step right to right side  
7-8            Turn ¼ turn right stepping forward left, kick right forward

## TOE STRUT, TOE STRUT, STEP ½ PIVOT, SHUFFLE FORWARD

1-2            Touch right toe forward, drop right heel  
3-4            Touch left toe forward, drop left heel  
5-6            Step right forward, turn ½ left (weight on left)  
7-8            Step right forward, step left together, step right forward

## ROCK, RECOVER, COASTER, ¼ TURN LEFT, LITTLE JUMP FORWARD AND WIGGLE!

1-2            Rock forward left, recover right  
3&4            Step back left, step together right, step forward left  
5-6            Step forward right, turn ¼ left  
&7-8            Little jump forward and wiggle, wiggle (feel free to make this your own)

Begin again and enjoy!

---