

Not Fair

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Francien Sittrop (NL) - February 2009
音乐: Not Fair - Lily Allen : (Album: It's Not Me , It's You)



Intro : Start after 16 Counts

(1 – 8) Chasse R, ¼ Turn R Chasse L, ¼ Turn R Chasse R, ¼ R, Chasse L

- 1 & 2 Step R to R side, Step L next to R, Step R to R side
- 3 & 4 ¼ Turn R and step L to L side, Step R next to L, Step L to L side (3.00)
- 5 & 6 ¼ Turn R and Step R to R side , Step L next to R, Step R to R side (6,00)
- 7 & 8 ¼ Turn R and Step L to L side, Step R next to L, Step L to L side (9.00)

(9-16) Kick Ball Touch x2(Travelling fwd), R Mambo Step, Coaster Step

- 1 & 2 Kick R fwd, Step R down, Touch L to L side
- 3 & 4 Kick L fwd, Step L down, Touch R to R side
- 5 & 6 Rock R fwd, Recover on L, Step R back
- 7 & 8 Step L back , Step R next to L, Step L fwd

(17-24) Step Fwd, Pivot ½ Turn, Shuffle ½ Turn L x2 , Fwd Coaster step

- 1 – 2 Step R fwd, Pivot ½ Turn L (3.00)
- 3 & 4 Shuffle ½ Turn L
- 5 & 6 Shuffle ½ Turn L (3.00)
- 7 & 8 Step R fwd, Step L next to R, Step R back

(25-32) Step Back with Sweep x2, Coaster Step, Out, Out, In ,In, Scuff, Touch

- 1 Step L back and Sweep R from front to back
- 2 Step R back and Sweep L from front to back
- 3 & 4 Step L back, Step R next to L, Step L fwd
- 5&6& Step R to R side, Step L to L side, Step R in, Step L next to R
- 7 – 8 Scuff R , Touch R next to L

Start Again

Website : <http://dutchnewliners.come2me.nl>