

Life Without U

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Maggie Gallagher (UK) - February 2009
音乐: My Life Would Suck Without You - Kelly Clarkson : (CD: Single or Album: All I Ever Wanted.)



Intro : 32 fast counts (13sec) Start on Vocals. (Total Song Duration 3m 42s) CW rotation.

S1: STEP, 1/2 PIVOT LEFT, RIGHT SHUFFLE, FULL TURN RIGHT, ROCK FORWARD, RECOVER

1,2 Step forward on right, 1/2 pivot turn left (6.00)
3&4 Step forward on right, Step left next to right, Step forward on right
5,6 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right (6.00)
7,8 Rock forward onto left, Recover onto right

S2: LEFT TOE-STRUT BACK, WALK BACK, 1/2 LEFT, WALK, HOLD, 3/4 RIGHT

1,2 Step back on left toe, step down on left heel
3,4 Walk back on right, 1/2 turn left stepping forward on left (12.00)
5,6 Walk forward on right, HOLD
7,8 1/2 turn right stepping back on left, 1/4 turn right stepping right to right side (9.00)

S3: CROSS ROCK, RECOVER, LEFT SIDE CHASSE, LEFT WEAVE

1,2 Cross rock left over right, Recover onto right
3&4 Step left to left side, Step right beside left, Step left to left side
5,6 Cross right over left, Step left to left side
7,8 Cross right behind left, Step left to left side (9.00)

S4: CROSS ROCK, RECOVER, RIGHT SIDE CHASSE, 1/2 HINGE TURN x2, 1/2 HINGE TURN WITH SIDE ROCK, RECOVER

1,2 Cross rock right over left, Recover onto left
3&4 Step right to right side, Step left beside right, Step right to right side
5,6 1/2 hinge turn right stepping left to left side, 1/2 hinge turn right stepping right to right side (9.00)
7,8 1/2 hinge turn right rocking out to left side, Recover onto right (3.00)

S5: STOMP, HOLD, HEEL TAPS, TOGETHER, TOUCH, HIP BUMP RIGHT, HIP BUMP LEFT WITH HITCH

1,2 Stomp left beside right, HOLD
3&4 Tap right heel forward, Step right next to left, Tap left heel forward
&5,6 Step left next to right, Touch right next to left, HOLD
7,8 Step right to right side bumping hips right, Bump hips left hitching right knee

S6: RIGHT SIDE CHASSE, ROCK BACK, RECOVER, LEFT SIDE CHASSE, ROCK BACK, RECOVER

1&2 Step right to right side, step left beside right, Step right to right side
3,4 Rock back onto left, recover onto right
5&6 Step left to left side, Step right beside left, Step left to left side
7,8 Rock back on right, Recover onto left

S7: HALF MONTEREY TURNS RIGHT x4

1,2 Point right to right side, 1/2 turn right stepping right beside left (9.00)
3,4 Point left to left side, Step left beside right
5,6 Point right to right side, 1/2 turn right stepping right beside left (3.00)
7,8 Point left to left side, Step left beside right

OPTIONAL ARMS :

Only during the chorus - Arms may be raised each time you point a leg to the side and lowered as you turn.

S8: RIGHT ROCKING CHAIR, RIGHT TOE-STRUT, LEFT TOE-STRUT

1,2 Rock forward onto right, Recover onto left
3,4 Rock back onto right, Recover onto left
5,6 Step right toe forward, Step onto right heel in place
7,8 Step left toe forward, Step left heel in place (3.00)

Repeat

**TAGS: 4 count Tags occur at the ends of walls 1 and 3, with an 8 count tag at the end of wall 5.
The 8 count tag is the 4 count tag executed twice.
This occurs on the first three side walls.**

TAG: RIGHT JAZZ BOX

1,2 Cross right over left, Step back on left
3,4 Step right to right side, Step left next to right
