

Paddy's Revenge

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Ross Brown (ENG) - February 2009
音乐: Paddy's Revenge - Steve Mac : (CD: Paddy's Revenge, Single)



Intro: 32 Counts (Approx. 14 Secs)

TOUCH BALL STEP. KNEE PUSH. KNEE POPS ¼ TURN (L,R,L,R). SIDE ROCK, RECOVER.

- 1&2 Touch right toe forward, step back with right, step forward with left.
&3 Push both knees forward raising both heels, place both heels.
&4 Pop left knee forward raising left heel, place left heel.
&5 Make an 1/8 turn right popping right knee forward and raising right heel, place right heel.
&6&7 Repeat Counts &4, &5.
&8 Rock left to the left, recover onto right.

(3 o'clock)

CROSS, BACK STEP ¼ TURN. SAILOR ¼ TURN CROSS. SIDE ROCK, RECOVER. SAILOR STEP.

- 1-2 Cross step left over right, make a ¼ turn left stepping back with right.
3&4 Make a ¼ turn left stepping; left behind right, right next to left, left over right.
5-6 Rock right to the right, recover onto left.
7&8 Cross step right behind left, step left to the left, step right to the right.

(9 o'clock)

Tag/Restart On Wall 4, after Count 4 of this Section add the following Tag and Start Again.

- 1-2 (BIG STEP ¼ TURN, SLIDE/HOOK) Make a ¼ turn left stepping a big step back with right, slide left up to right hooking across right shin.
3&4 (SHUFFLE FORWARD) Step forward with left, close right up to left, step forward with left.

EXTENDED CROSS SHUFFLE ¼ TURN. UNWIND ¾ TURN, SIDE. BEHIND, STEP ¼ TURN, SIDE.

- 1& Start making a ¼ turn right stepping; left over right, right up to left.
2&3& (Continue the Turn) Repeat Counts 1& twice.
4 (Finish the Turn) Cross step left over right.
5-6 Unwind a ¾ turn right, step left to the left.
7&8 Cross step right behind left, make a ¼ turn left stepping forward with left, step right to the right.

(6 o'clock)

ROCK BACK, RECOVER. KICK BALL CROSS. BACK, SIDE. TOUCH, HOOK/HITCH, STEP.

- 1-2 Rock back with left, recover onto right.
3&4 Kick left foot forward to left diagonal, step left next to right, cross step right over left.
5-6 Step back with left, step right to the right.
7&8 Touch left toe forward, hook left foot across right shin or hitch left knee up, step forward with left.

(6 o'clock)

End of Dance. Start again and Enjoy!