

# Hit The Lights

**COPPER** **KNOB**  
BY STEPHEN

拍数: 48      墙数: 2      级数: Easy Intermediate  
编舞者: Francien Sittrop (NL) - February 2009  
音乐: Lights, Camera, Action - The Pussycat Dolls : (Album: Domination)



Intro : Start On the verse (37 Sec)

Website : <http://dutchnewliners.come2me.nl>

## (1 – 8) L Cross, Side, Sailor Step, Cross , Side, Sailor Step

1 – 2      L step across R, Step R to R side  
3 & 4      Step L behind R, Step R next to L, Step L to L side  
5 – 6      Step R across L, Step L to L side  
7 & 8      Step R behind L, Step L next to R, Step R to R side

## (9-16) Step Fwd, Pivot ½ Turn R, Full Turn R, Rock , Recover, Lockstep Back

1 – 2      Step L fwd, ½ Turn R (6.00)  
3 - 4      Full Turn R With L,R,  
5 – 6      Rock L Fwd, Recover on R  
7 & 8      Lockstep back with L, R , L

## (17-24) Touch Back, ½ Turn R, L Rock and Cross, R Side Rock(hip sways) , Recover, Behind , Side, Fwd

1 – 2      Touch R back, ½ Turn R (weight on R) (12.00)  
3 & 4      Rock L to L side, Recover on R, Step L fwd  
5 – 6      Rock R to R side with Hip sways, Recover on L  
7 & 8      Step R behind L, Step L to L side, Step R Fwd

## (25-32) Rock Fwd, Recover, Shuffle ¾ Turn, Step, Lock, Lock Step

1 – 2      Rock L to Fwd, Recover on R  
3 & 4      Shuffle ¾ Turn L with L,R,L (3.00)  
5 – 6      Step R fwd, Step L behind R  
7 & 8      R Lockstep fwd with R, L , R

## (33-40) Out, Out (Option: Squads) , Coaster Step, Step Fwd, Step Behind, Heel Swivels

1 – 2      Step L out with knee roll (roll L shoulder from front to back), Step R out with Knee roll (roll R shoulder from front to back) Option: go down your knees on 1- 2 and raise when you do the Coaster step (3&4)  
3 & 4      Step L back Step R next to L, Step L fwd  
5 – 6      Step R fwd, Step L toe behind R heel  
&7&8      Heel Swivels Out, In , Out , In

## (41-48) Step Fwd, ¼ Turn R, Behind, Side, Cross, ¼ Turn R , ½ Turn R , ¼ Turn R with Heel Bounces

1 – 2      Step L fwd, ¼ Turn R (6.00)  
3 & 4      Step L behind R, Step R to R side, Step L across R  
5 – 6      ¼ Turn R and step R fwd, ½ Turn R and step L back  
7 & 8      ¼ Turn R and touch R to R side and Bounce Heels (weight ends on R)

Option: Hand movement: you can do this every wall but you can also do it only on the second wall on count 7 & 8 when he sings 1-2-3-4 : R arm up and fwd and Point your R index finger down , up, down

Start Again