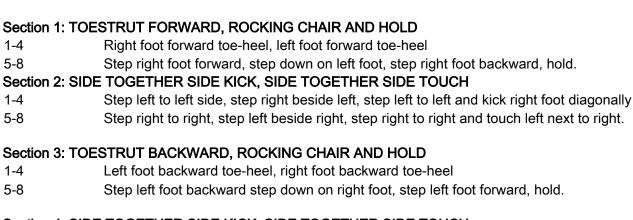
Demolition Man

级数: Improver

编舞者: Louise Elfvengren (NOR) - February 2009

音乐: Demolition Man - Manfred Mann's Earth Band



Section 4: SIDE TOGETHER SIDE KICK. SIDE TOGETHER SIDE TOUCH

- 1-4 Step right to right, step left beside right, step right to right and kick left foot diagonally
- 5-8 Step left to left side, step right beside left, step left to left and touch right next to left.

Section 5: SHUFFLE FORWARD AND HOLD, STEP TURN STEP AND HOLD

- Step right forward, step left next to right, step right forward, hold 1-4
- 5-8 Step left forward, turn 1/2 right, step left forward , hold.

Section 6; ¾ TURN AND HOLD, SHUFFLE FORWARD AND HOLD

Turn ¼ right stepping forward on right, hold, turn ½ right stepping back on left foot, hold 1-4

5-8 Step right forward, step left next to right, step right forward, hold.

Section 7: WEAVE WITH TOUCH. WEAVE WITH 1/4 TURN AND TOUCH.

- 1-4 Step left to left, right behind left, left to left, touch right next to left
- 5-8 Step right to right, left behind right, turn 1/4 right and touch left beside right.

Section 8: ¾ TURN AND HOLD, SHUFFLE FORWARD AND HOLD

Turn ¼ left stepping forward on the left, hold, turn ½ left stepping back on right foot, hold 1-4

5-8 Step left forward, step right next to left, step left forward, hold.

From the beginning I put in a restart, but when I taught it we missed it and found out that it works perfectly, so just keep on dancing.....



拍数: 64

Start at vocals OR after 16 counts.

1-4

5-8

1-4 5-8

1-4

5-8

墙数:4