

Guantanamera Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Iliane Raiza van der Graaf (NL) - February 2009
音乐: Guantanamera - Helmut Lotti : (CD: Latino Classics & Dancing under the Stars)



STEP BACK, ROCK BACK, RECOVER, LOCK STEP FORWARD, CROSS, ¼ TURN LEFT, STEP BACK, LOCK STEP BACK

- 1 step back on left
- 2 rock back on right
- 3 recover onto left
- 4 step forward on right
- &
- 5 step forward on right
- 6 cross left over right
- 7 make ¼ turn left, step back on right
- 8 step back on left
- &
- 9 lock left in front of right
- step back on left

ROCK BACK, RECOVER, LOCK STEP FORWARD, STEP FORWARD, 1¼ TURN RIGHT WITH SWEEP, ANCHOR STEP

- 10 rock back on right
- 11 recover onto left
- 12 step forward on right
- &
- 13 lock left behind right
- 14 step forward on left
- 15 step forward on left
- 16 make 1¼ turn right, sweep right foot around
- 17 rock back on right
- &
- recover onto left
- recover onto right

ANCHOR STEP. ANCHOR STEP, BEHIND, SIDE, CROSS, SIDE ROCK RECOVER, BEHIND

- 18 rock back on left
- &
- recover onto right
- 19 recover onto left
- 20 rock back on right
- &
- recover onto left
- 21 recover onto right
- 22 step left behind right
- &
- step right to the right side
- 23 cross left over right
- 24 rock right to the right side
- &
- recover onto left
- 25 step right behind left

¼ TURN LEFT, STEP FORWARD, STEP FORWARD, LOCK STEP FORWARD, SIDE ROCK, RECOVER, STEP BACK, LOCK FORWARD

- 26 make ¼ turn left, step forward on left
- 27 step forward on right
- 28 step forward on left
- &
- lock right behind left

29 step forward on left
30 rock right to the right side
& recover onto left
31 step right next to left
32 step back on left
& lock right in front of left

TAG:

There is a 16 count at the end of wall 2, 5 & 8.

STEP BACK, ROCK BACK, RECOVER, LOCK STEP FORWARD, CROSS, ¼ TURN LEFT, STEP BACK, LOCK STEP BACK

1 step back on left
2 rock back on right
3 recover onto left
4 step forward on right
& lock left behind right
5 step forward on right
6 cross left over right
7 make ¼ turn left, step back on right
8 step back on left
& lock left in front of right
9 step back on left

ROCK BACK, RECOVER, LOCK STEP FORWARD, CROSS, ¼ TURN LEFT, STEP BACK, STEP BACK, LOCK FORWARD

10 rock back on right
11 recover onto left
12 step forward on right
& lock left behind right
13 step forward on left
14 cross left over right
15 make ¼ turn left, step back on right
16 step back on left
& lock left in front of right
