

Boyfriend Of The Year

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Yvonne Anderson (SCO) - January 2009
音乐: Favourite Boyfriend of the Year - The McClymonts



Start on Vocal

RIGHT HEEL, HOOK, RIGHT, FLICK, STEP, TOUCH, BACK, KICK

- 1-2 Touch right heel forward, hook right across left shin,
3-4 Touch right heel forward, flick right heel back (12:00)
5-8 Step right forward, touch left toes behind right, step left back, kick right forward (12:00)

RIGHT COASTER CROSS, HOLD, SIDE ROCK, RECOVER CROSS, HOLD

- 1-4 Step right back, step left together, step right forward and across left, hold (12:00)
5-8 Rock left to left, recover on right, cross left over right, hold (12:00)

TURN ½ LEFT, CROSS, HOLD, LEFT HEEL, HOOK, LEFT HEEL, FLICK

- 1-2 Turn ¼ left and step right back, turn ¼ left and step left to side,
3-4 Cross right over left, hold (6:00)
5-6 Touch left heel forward, hook left across right shin,
7-8 Touch left heel forward, flick left heel back (6:00)

STEP LEFT FORWARD, TOUCH, STEP RIGHT BACK, LEFT KICK, LEFT COASTER STEP

- 1-4 Step left forward, touch right toes behind left, step right back, kick left forward (6:00)
5-8 Step left back, step right together, step left forward, hold (6:00)

FORWARD RIGHT SHUFFLE, HOLD, STEP ¼ RIGHT, CROSS, HOLD

- 1-4 Shuffle forward stepping right, left, right hold (6:00)
5-8 Step left forward, turn ¼ right taking weight on right, cross left over right, hold (9:00)

TURN ½ LEFT, CROSS, HOLD, SIDE-TOGETHER-FORWARD (STARTING RHUMBA BOX), HOLD

- 1-4 Turn ¼ left and step right back, turn ¼ left and step left to side, cross right over left, hold (3:00)
5-8 Step left to side, step right together, step left forward, hold (3:00)

SIDE-TOGETHER-BACK (FINISHING RHUMBA BOX), HOLD, REVERSING HIP BUMPS, HOLD

- 1-4 Step right to right, step left together, step right back, hold (3:00)
5-6 Step left back and bump hips back, taking weight on right bump hips forward,
7-8 Step left slightly back and bump hips back, hold (3:00)

REVERSING HIP BUMPS, HOLD, RUN FORWARD LEFT, RIGHT, LEFT, HOLD

- 1-2 Step right back and bump hips back, taking weight on left bump hips forward,
3-4 Step right slightly back and bump hips back, hold (3:00)
5-8 Run forward (bending knees if you want) left, right, left, hold (3:00)

REPEAT