

Fitzpatrick's Reel

拍数: 64 墙数: 4 级数: Improver
编舞者: Phil Johnson (UK) - January 2009
音乐: Joe Fitzpatrick's Reel - The Fables : (CD: "Tear The House Down" available from
The Fables website - <http://www.thefables.com/TheFablesHome.html>)



(Intro 24 counts – 100bpm). (cw direction) Styled on the Traditional Irish Dance;
Teach track -George Tills No 2/George Tills No1 by Waterson/Carthy. CD "Fishes and Fine Yellow Sand.
(Intro 32 counts - 92 bpm) (Note this is a long track so fade after about 3 ½ minutes). Both Tracks available
from iTunes

Right Left Right Cross Heel Digs, Right Hook, Right Heel dig. Left Right Left Cross Heel Digs, Left Hook, Left Heel dig

- 1&2 Dig right heel forward in front of left, step on right in place, dig left heel forward in front of right;
- &3&4 Step on left in place, dig right heel forward in front of left, hook right across left knee, dig right heel forward in front of left;
- &5&6 Step on right in place, dig left heel forward in front of right, step on left in place, dig right heel forward in front of left;
- &7&8 Step on right in place, dig left heel forward in front of right, hook left across right knee, dig left heel forward.

The hook should be in the style of the Traditional Irish Dance move

Hook Left, Left Lock Left to Left Diagonal, Hook Right, Right Lock Right to Right Diagonal, Hook Left, Left Lock Left to Left Diagonal. Step Pivot Half Left, Clap x 2

- &9&10 Hook left foot in front of right knee, (to left diagonal) step forward on left, lock right behind left, step forward on left (starting to turn to right diagonal);
- &11&12 Hook right foot in front of left knee, (to right diagonal) step forward on right, lock left behind right, step forward on right (starting to turn to left diagonal);
- &13&14 Hook left foot in front of right knee, (to left diagonal) step forward on left, lock right behind left, step forward on left;
- &15&16 Step forward on right, pivot half turn left, clap twice. (6 O'clock)

Right Left Right Cross Heel Digs, Right Hook, Right Heel dig. Left Right Left Cross Heel Digs, Left Hook, Left Heel dig

- 17&18 Dig right heel forward in front of left, step on right in place, dig left heel forward in front of right;
- &19&20 Step on left in place, dig right heel forward in front of left, hook right across left knee, dig right heel forward in front of left;
- &21&22 Step on right in place, dig left heel forward in front of right, step on left in place, dig right heel forward in front of left;
- &23&24 Step on right in place, dig left heel forward in front of right, hook left across right knee, dig left heel forward.

The hook should be in the style of the Traditional Irish Dance move

Hook Left, Left Lock Left to Left Diagonal, Hook Right, Right Lock Right to Right Diagonal, Hook Left, Left Lock Left to Left Diagonal. Step Pivot Half Left, Clap x 2

- &25&26 Hook left foot in front of right knee, (to left diagonal) step forward on left, lock right behind left, step forward on left (starting to turn to right diagonal);
- &27&28 Hook right foot in front of left knee, (to right diagonal) step forward on right, lock left behind right, step forward on right (starting to turn to left diagonal);
- &29&30 Hook left foot in front of right knee, (to left diagonal) step forward on left, lock right behind left, step forward on left;
- &31&32 Step forward on right, pivot half turn left, stomp right, clap twice. (12 O'clock)

Hitch Right, Right Lock Right, Hitch Left, Left Lock Left, Right Rocking Chair Forward and Back, Left Rocking Chair Backwards and Forwards

- &33&34 Hitch right, step right forward, lock left behind right, step forward on right;
&35&36 Hitch left, step left forward, lock right behind left, step forward on left;
&37&38 Hitch right, Rock forward on right, recover weight back on left hitching right, step back on right;
&39&40 Hitch left, rock back on left, recover weight forward on right hitching left, step forward on left. (12 O'clock)

Counts &33-&36 – take small steps on balls of feet. If you like - hands by the side of the hips in Traditional Irish Dance Style

Vaudeville Steps to left and Right with ¼ Turn Left x 2

- &41&42 Cross step right in front of left, step left to left side, dig right heel forward to right diagonal, step on right in place;
&43&44 Cross step left in front of right, ¼ turn left stepping back on right, dig left heel forward, step on left in place; (9 O'clock)
&45&46 Cross step right in front of left, step left to left side, dig right heel forward to right diagonal, step on right in place;
&47&48 Cross step left in front of right, ¼ turn left stepping back on right, dig left heel forward, step on left in place whilst hitching right; (6 O'clock)

Hitch Right, Right Lock Right, Hitch Left, Left Lock Left, Right Rocking Chair Forward and Back, Left Rocking Chair Backwards and Forwards

- &49&50 Hitch Right, step right forward, lock left behind right, step forward on right;
&51&52 Hitch left, step left forward, lock right behind left, step forward on left;
&53&54 Hitch right, Rock forward on right, recover weight back on left hitching right, step back on right;
&55&56 Hitch left, rock back on left, recover weight forward on right hitching left, step forward on left. (6 O'clock)

Counts &49-&52- take small steps on balls of feet. If you like - hands by the side of the hips in Traditional Irish Dance Style

Vaudeville Steps to left and Right with ¼ Turn Left. Vaudeville Steps to left and Right

- &57&58 Cross step right in front of left, step left to left side, dig right heel forward to right diagonal, step on right in place;
&59&60 Cross step left in front of right, ¼ turn left stepping back on right, dig left heel forward, step on left in place; (3 O'clock)
&61&62 Cross step right in front of left, step left to left side, dig right heel forward to right diagonal, step on right in place;
&63&64 Cross step left in front of right, stepping back on right, dig left heel forward, step on left in place whilst hitching right; (3 O'clock)

Repeat – Enjoy

You will dance four walls and end facing the home wall on counts 63&. As the music slows to the left heel dig strike a pose.
