

Rhumba With Nancy

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Phrased Easy Intermediate
编舞者: BM Leong (MY) - January 2009
音乐: Carmelita - Victor Wood



Sequence Of Dance: AAB/ABA/AAA

Count In: 32 counts –start after vocal on the word “ Carmelita”

(Note: This dance is named after my good friend, Nancy Lee of Senipadu Line Dancers)

Part A:

HALF RHUMBA BOX, HOLD, WALKAROUND TURN $\frac{3}{4}$ RIGHT, HOLD

1-2 Step left to left side, step right together
3-4 Step left forward, hold
5-8 Walk around on RLR turning $\frac{3}{4}$ right, hold

REVERSE HALF RHUMBA BOX, HOLD, TURN, PIVOT TURN, HOLD

1-2 Step left to left side, step right together
3-4 Step left back, hold
5-6 Turning $\frac{1}{4}$ right step right forward, step left forward
7-8 Pivot $\frac{1}{2}$ turn right, hold

RHUMBA SIDE BASICS TO LEFT AND RIGHT (WITH HIP MOVEMENTS)

1-2 Step left to left side, step right together
3-4 Step left to left side, hold
5-6 Step right to right side, step left together
7-8 Step right to right side, hold

CROSS, RECOVER, TURN, HOLD, CROSS, RECOVER, SIDE, HOLD

1-2 Cross left over right, recover onto right
3-4 Turning $\frac{1}{4}$ left step left to left side, hold
5-6 Cross right over left, recover onto left
7-8 Step right to right side, hold

Part B

DIAGONAL STEP-TOGETHER-STEP-HOLD X 2

1-2 Step left forward along left diagonal, step right together
3-4 Step left forward, hold
5-6 Step right forward along right diagonal, step left together
7-8 Step right forward, hold

FRONT-BACK-BACK-HOLD, BACK-FRONT-FRONT-HOLD

1-2 Step left forward, recover onto right
3-4 Step left back, hold
5-6 Step right back, recover onto left
7-8 Step right forward, hold

SIDE-ROCK-CROSS-HOLD, SIDE, TOGETHER, TURN, HOLD

1-2 Step left to left side, recover onto right
3-4 Cross left over right, hold
5-6 Step right to right side, step left together
7-8 Turning $\frac{1}{4}$ right step right forward, hold

JAZZ BOX, HOLD, CROSS CHA CHA, HOLD

1-2 Cross left over right, recover onto right
3-4 Step left to left side, hold
5-6 Cross right over left, step left behind right heel
7-8 Cross right over left, hold

Website: www.sjlinedancer.blogspot.com
