

# In Control

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Up - The Saturdays : (CD: Single)



**Intro: 32 Counts start on words**

**Cross. Quarter. Coaster Step. Step. Half. Shuffle Half.**

1-2            Cross R over L, Quarter turn R (facing 3:00) Step back on L.  
3&4            Step back on R. Step L beside R. Step forward on R.  
5-6            Step forward on L, Half turn L (facing 9:00) Step back on R.  
7&8            Shuffle half turn L - LRL (facing 3:00).

**\*\*\* Restart here on wall 10 (facing 12:00)**

**Cross. Back. Ball Cross (x3). Side. Behind. Side. Heel.**

1-2            Cross R over L, Step back on L.  
&3&4&5        Step R beside L, Cross L over R, Step R beside L, Cross L over R, Step R beside L, Cross L over R.  
6              Step R to side.  
7&8            Cross L behind R, Step R to side, Tap L heel to L diagonal.

**Ball Cross. Quarter. Shuffle Half. Mambo Quarter. Cross Shuffle.**

&1-2            Step L beside R, Cross R over L, Quarter turn R (facing 6:00) Step back on L.  
3&4            Shuffle half turn R - RLR (facing 12:00).  
5&6            Rock forward on L, Recover weight to R, Quarter turn L (facing 9:00) Step L to side.  
7&8            Cross R over L, Step L to side, Cross R over L.

**Quarter. Half. Pivot Quarter. Cross. Side. Sailor Step.**

1-2            Quarter turn R (facing 12:00) Step back on L, Half turn R (facing 6:00) Step forward on R.  
3-4            Step forward on L, Pivot Quarter turn R (facing 9:00).  
5-6            Cross L over R, Step R to side.  
7&8            Cross L behind R, Step R to side, Step L beside R.

**Start Again**

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