

Be Good To Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Marjorie Barnabas-Shaw (MY) - December 2008
音乐: Just Be Good to Me - The S.O.S. Band : (Single from Album: On The Rise)



Intro Count : Start on vocals

A. CROSS ROCK RIGHT & HITCH, KICK, KICK DIAGONALLY FORWARD, ROCK BACK & MAMBO 1/4 TURN RIGHT.

1&2 Cross rock right over left. Recover onto left. Hitch right knee.
3-4 Kick right foot forward. Kick right foot diagonally forward.
5-6 Rock back right. Recover onto left.
7&8 Rock forward right. Recover onto left. Step 1/4 right on right.

B. CROSS SHUFFLE, BACK SHUFFLE, SIDE LEFT, CROSS BACK, 1/4 LEFT, CROSS SHUFFLE.

1&2 Cross left over right. Step right to right side. Cross left over right.
3&4 Step back right. Close left beside right. Step back right.
5&6 Step left to left side. Cross right behind left. Step 1/4 left on left.
7&8 Cross right over left. Step left to left side. Cross right over left.

C. LEFT COASTER CROSS, SIDE RIGHT, CROSS LEFT, SIDE & KICK, SIDE & KICK, RIGHT COASTER STEP.

1&2 Step back left. Step right to right side. Cross left over right.
3&4 Rock side right. Recover onto left. Kick right foot diagonally forward (11 o'clock).
5&6 Rock side right. Recover onto left. Kick right foot diagonally forward (11 o'clock).
7&8 Step back right. Step left beside right. Step forward right.

D. 1/4 LEFT, FORWARD RIGHT-LEFT, SIDE ROCK & CROSS (2x), SIDE RIGHT-LEFT.

1&2 Step 1/4 left on left foot. Step forward right. Step forward left.
3&4 Rock side right. Recover onto left. Cross right over left.
5&6 Rock side left. Recover onto right. Cross left over right.
7-8 Rock side right. Rock side left.

~ * ~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~ * ~
