

Paper Planes

拍数: 32 墙数: 4 级数: Beginner
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音乐: Paper Planes - M.I.A.



Intro: 32 count.

Seq.: (16)-32-32-32-32-32-32-32-32-(16)
Start at 12.00, end at 12.00

Dance Script:

Start at 12.00

1&: RF step bwd, recover weight
2: RF kick fwd, $\frac{1}{4}$ left
3-4: Right hip, left hip
5&: RF step right, LF cross behind
6: RF step right, $\frac{1}{4}$ right
&: LF step fwd, $\frac{1}{2}$ right
7&8: RF kick fwd, step bwd, LF kick fwd

at 06.00

9&10: LF step bwd, recover weight, LF step fwd
11&12: RF step fwd, $\frac{1}{2}$ left, RF step fwd
13&14: LF step fwd, $\frac{1}{2}$ right, LF step fwd, $\frac{1}{2}$ right
15&: RF step bwd, LF step bwd, $\frac{1}{2}$ left
16: RF step fwd, $\frac{1}{4}$ left

at 03.00

17&: LF cross over RF, RF step right
18&: LF step bwd, RF cross over left
19: LF step left, $\frac{1}{4}$ right
20: RF step bwd, $\frac{1}{4}$ right
21&: LF cross over RF, RF step right
22&: LF step bwd, RF cross over left
23: LF step left, $\frac{1}{4}$ right
24&: RF step bwd, recover weight

at 12.00

25&26: RF kick fwd, $\frac{1}{2}$ left, step or kick bwd
27&28: RF kick fwd, $\frac{1}{2}$ left, step or kick bwd
29-30: RF tap toe fwd, RF drag behind, $\frac{1}{4}$ left
31&32: RF kick fwd, $\frac{1}{2}$ right, RF tap toe fwd

at 03.00