

Sing a New Song, Dance a New Dance

拍数: 32 墙数: 4 级数: Improver
编舞者: Jo Thompson Szymanski (USA) - December 2008
音乐: Sing A New Song, Dance A New Dance - Scooter Lee : (CD: Home To Louisiana)



Start dancing on lyrics

Four Polka Steps In A $\frac{3}{4}$ Box

1&2 Step right to side, step left together, step right to side
& Turn $\frac{1}{4}$ left and lift left knee up slightly
3&4 Step left to side, step right together, step left to side
& Turn $\frac{1}{4}$ left and lift right knee up slightly
5&6 Step right to side, step left together, step right to side
& Turn $\frac{1}{4}$ left and lift left knee up slightly
7&8 Step left to side, step right together, step left to side

Vaudeville Right And Left, $\frac{3}{4}$ Turn, Polka Step

1&2 Touch right heel diagonally forward, step right back, cross left over right
&3&4 Step right to side, touch left heel diagonally forward, step left back, cross right over left
5-6 Turn $\frac{1}{4}$ right and step left back, turn $\frac{1}{2}$ right and step right forward
7&8 Step left forward, step right together, step left forward

Rock Step, Coaster Step, Rock Step, Coaster Step

1-2 Rock right forward, recover to left
arm: sweep right arm across in front as if presenting something to the right
3&4 Step right back, step left together, step right forward
5-6 Rock left forward, recover to right
arm: sweep left arm across in front as if presenting something to the left
7&8 Step left back, step right together, step left forward

Rock Step, Polka $\frac{1}{2}$ Turn, Step, $\frac{1}{4}$ Turn, Together, 2 Claps

1-2 Rock right forward, recover to left
3&4 Turn $\frac{1}{4}$ right and step right to side, step left together, turn $\frac{1}{4}$ right and step right forward
5-6 Step left forward, turn $\frac{1}{4}$ right (weight to right)
7&8 Step left together, clap twice (&8)

Repeat

New Line Dancers could floor split with Little Polka
