

Heaven Must Have Sent You

拍数: 64 墙数: 2 级数: Improver
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音乐: Heaven Must Have Sent You - The Elgins



Count in: 32

Sec 1: Rock Forward, Recover, Rock Back, Recover, 1/2 Turn Shuffle, Cross Unwind

1-2 Rock Forward on Right, Recover Weight on Left,
3-4 Rock Back on Right, Recover Weight on Left,
5&6 Shuffle 1/2 Turn Left Stepping Back Right, Left, Right,
7-8 Cross Left behind Right, Unwind 1/2 Turn Left (taking weight left) (12 o'clock)

Sec 2: Shuffle Forward, Rock Forward, Recover, Back, Recover, Shuffle 1/2 Turn

1&2 Shuffle Forward Right, Left, Right,
3-4 Rock Forward on Left, Recover Weight on Right,
5-6 Rock Back on Left, Recover Weight on Right,
7&8 Shuffle 1/2 Turn Right Stepping Back, Left, Right, Left (6 o'clock)

Sec 3: 1/4 Turn Touch, 1/4 Turn Touch, Kick & Cross, Step Slide

1-2 Step Right 1/4 Turn Right, Touch Left Next To Right,
3-4 Step Left 1/4 Turn Left, Touch Right beside Left (6 o'clock)
5&6 Kick Right Forward, Step Right Next To Left, Cross Left over Right
7-8 Step Right to Right Side, Slide Left up To Right (6 o'clock)

Sec 4: Rock back Recover, Full Turn Right, Rock Recover, Coaster Step

1-2 Rock Back On Left, Recover on Right,
3-4 make a full Turn Right Travelling Forward Stepping Left, Right,
5-6 Rock Forward on Left, Recover Weight on Right,
7&8 Left Coaster Step

Sec 5: 3/4 Turn Left, Cross Hold, Scissor Step

1-2 Step Forward on Right, Pivot 1/2 Turn Left taking weight on Left,
3-4 Step Forward on Right, Make 1/4 Turn Left,
5-6 Cross Right over Left, Hold (9 o'clock)
7&8 Rock Left to Left Side, Step Right Next to Left, Cross Right over Left,

Sec 6: Side Strut, Cross, Strut, Step Back, Step Side Cross, Hold

1-2 Step Right Toes to Right Side, Step Right Drop Heel in Place
3-4 Cross Left Toes over Right, Drop Left Heel in Place,
5-6 Step Back on Right, Step Left to Left Side,
7-8 Cross Right over Left, Hold,

Sec 7: Rock Forward, Recover, 1/4 Turn Chasse, Step, Hold, Turn, Hold

1-2 Rock Forward on Left, Recover Weight on Right,
3&4 Make a 1/4 Turn Left Chasse Left, Right, Left,
5-6 Step Right Foot Forward, Hold,
7-8 Pivot 1/2 Turn Left Stepping Left Forward, Hold (12 o'clock)

Sec 8: Shuffle Forward, Step, Hold, 1/2 Turn, Hold, Triple Full Turn

1-2 Shuffle Forward Right, Left, Right,
3-4 Step Left Forward, Hold,
5-6 Pivot 1/2 Turn Right, Step Forward on Right, Hold,

7&8 Triple Full Turn Right Stepping Left, Right, Left, (Travelling Forward)
(Option: Shuffle Forward L, R, L (6 o'clock))
