Sweet Southern Baby



编舞者: Duane Richards - November 2008 音乐: My Sweet Baby - Delbert McClinton



ALTERNATE MUSIC: PLAYA DE SILENCIA BY THE BELLAMY BROTHERS, SING A NEW SONG, DANCE A NEW DANCE BY SCOOTER LEE TEACH: CRYSTAL CHANDELIERS BY JOHN DEAN, IF WE'RE NOT BACK IN LOVE BY MONDAY BY KALIBRE

SIDE ROCKS, CROSS SHUFFLES

1-2 ROCK R TO R, RECOVER ON L

3&4 STEP R ACROSS L, STEP L TO SIDE, STEP R ACROSS L

5-6 ROCK L TO L, RECOVER ON R

7&8 STEP L ACROSS R, STEP R TO SIDE, STEP L ACROSS R

1/4 TURN L, 1/2 TURN L, 1/2 TURN L, ROCK BACK, RECOVER, SHUFFLE FORWARD

1-2 STEP R BACK INTO ¼ TURN L, STEP L FORWARD INTO ½ TURN L,

3&4 STEP R TO SIDE WITH ¼ TURN L, STEP L TOGETHER, STEP R BACK INTO ¼ TURN L

5-6 ROCK L BACK, RECOVER R 7&8 SHUFFLE FORWARD L,R,L,

EASIER OPTION FOR COUNTS 1-2, 3&4: ROCK R TO THE SIDE, RECOVER ON L WITH $\frac{1}{4}$ TURN L, R FORWARD, L TOGETHER, R BACK

LOCK STEP FORWARD DIAGONAL, SHUFFLE FORWARD, LOCK STEP FORWARD DIAGONAL, SHUFFLE FORWARD

1-2 STEP R FORWARD AT DIAGONAL R, STEP L LOCKING BEHIND R

3&4 SHUFFLE FORWARD R,L,R

5-6 STEP L FORWARD AT DIAGONAL L, STEP R LOCKING BEHIND L

7&8 SHUFFLE FORWARD L,R,L

ROCK FORWARD, RECOVER, SHUFFLE 1/2 TURN R, FULL TURN R, SHUFFLE

1-2 ROCK R FORWARD, RECOVER L

3&4 STEP R TO SIDE INTO ¼ TURN R, STEP L TOGETHER, STEP R FORWARD INTO ¼

TURN R

5-6 STEP L BACK INTO ½ TURN R, STEP FORWARD R INTO ½ TURN R

7&8 SHUFFLE FORWARD L,R,L

EASIER OPTION FOR COUNTS 5-6: STEP FORWARD L-R

REPEAT