

Like I Do

拍数: 32 墙数: 4 级数: Beginner
编舞者: William Sevone (UK) - November 2008
音乐: Like I Do - Maureen Evans



Choreographers note:- This dance is ideally suited and aimed for the Beginner who is experienced enough to incorporate a restart (and a little 'styling') into their learning curve and dances - much in the same way as the dance 'TAG' did.

Technically not a Cha Cha - but you can add as much the associated Latino styling and flair as you want to. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts after the 16 count intro on the vocals. Feet together and weight on the left.

Side Rock-Rec-Behind. Rock. Rec. Side Rock-Rec-Cross. Rock. Rec (12:00).

1 & 2 Rock right to right side, recover onto left, step right behind left.
3 - 4 Rock forward onto left. Recover onto right.
5 & 6 Rock left to left side, recover onto right, cross left over right.
7 - 8 Rock backward onto right. Recover onto left.

(Dip Rock-Rec-Together-Bwd-1/2 Turn-Together) x2 (12:00)

9 (dipping at knees & on balls of feet) Rock forward onto right,
& (straightening up - still on balls of feet) Recover onto left,
10 (full foot on floor) Step right next to left.
11 - 12 Step backward onto left. Turn ½ left & step right next to left (6).
13 (dipping at knees & on balls of feet) Rock forward onto left,
& (straightening up - still on balls of feet) Recover onto right,
14 (full foot on floor) Step left next to right.
15 - 16 Step backward onto right. Turn ½ right & step left next to right (12).

Style note: Count 9&, 13&: add a little hip and shoulder movement

RESTART: Wall 5: restart the dance (and wall) from Count 1

Cross-Bwd-1/4 Right Fwd. Fwd. Pivot 1/2 Right. Cross-Bwd-1/4 Right Fwd. Side. Together (6:00)

17 & 18 Cross right over left, step backward onto left, turn ¼ right & step forward onto right (3)
19 - 20 Step forward onto left. Pivot ½ right (weight on right) (9)
21 & 22 Cross left over right, step backward onto right, turn ¼ left & step forward onto left (6)
23 - 24 Step left to left side. Step right next to left.

Side-Cross-Point. Behind. Point. Behind-1/4 Left Bwd-Fwd. Rock. Rec (3:00)

25 & 26 Step right (slightly backward) to right side, cross left over right, point right toe to right side.
27 - 28 Step right (slightly backward) behind left. Point left toe to left side.
29 & 30 Step left behind right, turn ¼ left & step backward onto right (3), Step left forward.
31 - 32 Rock forward onto right. Recover onto left.

DANCE FINISH: Wall 7 Count 16 facing 6:00.

To finish the dance facing the 'home' wall, replace counts 15-16 with -

15 & 16 Triple step/Cha Cha Cha onto spot FULL turn right stepping R.L-R.

Music Note: Derived from the 'The Dance Of The Hours' from the Opera 'La Gioconda' by Ponchielli.

This recording by Maureen Evans predates the famous Allan Sherman classic 'Hello Muddah, Hello Faddah'.