

Under My Skin

COPPER **KNOB**
BY STEPHEN

拍数: 48 墙数: 2 级数: Beginner - Novice
编舞者: Iliane Raiza van der Graaf (NL) - November 2008
音乐: Under My Skin - Sarah Conner : (CD: Sexy As Hell)



Intro: 8 counts

STEP FORWARD, SIDE STEP, BEHIND, FULL TURN RIGHT, OUT-OUT, HITCH, STEP BACK, HITCH, STEP BACK, BEHIND, ¼ TURN LEFT, STEP FORWARD, SIDE STEP, DRAG

1 step forward on right
2 step left to the left side
3 step right behind left
4 make a full turn right
& step right to the right side
5 step left to the left side
& hitch right knee
6 step back on right
& hitch left knee
7 step back on left
8 step right behind left
& make ¼ turn left, step forward on left [9.00]
9 big step to the right side, drag left next to right

TOGETHER, CROSS, SIDE STEP, HITCH, STEP BACK, HITCH, COASTER STEP, STEP FORWARD, HIP BUMPS RIGHT LEFT, ½ TURN LEFT

10 step left next to right
& step right over left
11 step left to the left side
12 hitch right knee
& step back on right
13 hitch left knee
14 step back on left
& step right next to left
15 step forward on left
16 step forward on right, bump hips right forward
& bump hips left back
17 make ½ turn left, weight on right [3.00]

SIDE STEP, CROSS, SIDE STEP, TOE, HEEL, CROSS, STEP BACK, SIDE STEP, STEP FORWARD, OUT-OUT

8 step left to the left side
& step right over left
19 step left to the left side
20 touch right toes next to left, turn right knee towards left
& touch right heel next to left
21 step right over left
22 step back on left
23 step right to the right side
24 step forward on left
& step right to right side
25 step left to the left side

DIP X2, 1/8 TURN RIGHT, TOUCH, STEP BACK, 1/8 TURN LEFT, BEHIND, ¼ TURN LEFT, STEP FORWARD, SIDE ROCK, RECOVER, TOUCH

- 26 bend left knee, touch right to the right side, stomp right fist down to the left diagonal
- 27 bend right knee, touch left to the left side, stomp left fist down to the right diagonal
- 28-29 make 1/8 turn right, straighten right leg, touch left next to right, push shoulders back twice [4.30]
- 30 step back on left
- & make 1/8 turn left, step right behind left [3.00]
- 31 make ¼ turn left, step forward on left [12.00]
- 32 rock right to the right side
- & recover onto left
- 33 touch right next to left

STEP FORWARD, PIVOT ½ TURN LEFT, TOUCH WITH BODY ROLL, KICK BALL TOUCH, KICK BALL TOUCH

- 34 step forward on right
- 35 make ½ turn left [6.00]
- 36-37 touch right next to left, make a body roll
- 38 kick forward on right
- & step right next to left
- 39 touch left to the left side
- 40 kick forward on left
- & step left next to right
- 41 touch right to the right side

BEHIND, FULL TURN RIGHT, OUT-OUT, SAILOR STEP, SAILOR STEP

- 42 step right behind left
- 43 make a full turn right
- & step right to the right side
- 44 step left to the left side
- 45 step right behind left
- & step left to the left side
- 46 step right to the right side
- 47 step left behind right
- & step right to the right side
- 48 step left to the left side

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