

Baila Baila Conmigo

COPPER **NOB**
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dee Musk (UK) - December 2008
音乐: Baila, Baila Conmigo - Missiego : (CD Single)



Intro: 24 Count Intro. (Approx 12 secs). Approx 118 BPM. Duration 3 mins 47 secs.

SECTION 1

CROSS ROCK RECOVER X 2, STEP ¼ PADDLE, ¼ PADDLE, STEP.

- 1&2 Cross L over R, rock R to R side, recover weight to L.
- 3&4 Cross R over L, rock L to L side, recover weight to R.
- 5 Step forward on L.
- 6,7 On ball of L make a ¼ turn L touching R to R side, repeat for count 7 (facing 6 o'clock).
- 8 Step forward on R. (6 o'clock).

SECTION 2

FULL TURN R, CROSS BACK SIDE, CROSS ¼ TURN SIDE, CROSS ROCK POINT.

- 1,2 Travelling forward make a ½ turn R stepping back on L, make a ½ turn R stepping forward on R. (Easy option walk L, R).
- 3&4 Cross L over R, step back on R, step L to L side.
- 5&6 Cross R over L, make a ¼ turn R stepping back on L, step R to R side.
- 7&8 Cross rock L over R, recover weight to R, point L toe to L side. (9 o'clock).

SECTION 3

CROSS SHUFFLE, ½ TURN R WITH CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE CROSS.

- 1&2 Cross step L over R, step R to R side, cross L over R.
- 3&4 Making a ½ turn R on ball of L cross step R over L, step L to L side, cross R over L.
- 5,6 Rock L to L side, recover weight to R.
- 7&8 Cross step L behind R, step R to R side, cross step L over R. (3 o'clock).

SECTION 4

OUT IN SIDE, DRAG FLICK, CROSS, SIDE CLOSE, ROCK RECOVER, MODIFIED SAILOR.

- 1&2 Point R to R side, touch R beside L, step R to R side.
- 3, Dragging L beside R flick R back.
- 4 Cross step R over L.
- 5& Step L to L side, close R beside L.
- 6,7 Rock L to L side, recover weight to R.
- 8& Making a ½ turn L cross step L behind R, step R to R side. (9 o'clock).

Have Fun and Enjoy !
