

Just A Dream

COPPERKNOB
BY SHEETS

拍数: 56 墙数: 2 级数: Upper Intermediate
编舞者: Linda Wolfe (AUS), Robyn Groot (AUS), Cheryl Parker (AUS) & Gary Parker (AUS) - November 2008
音乐: Just a Dream - Carrie Underwood : (CD: Carnival Ride)



Intro: 16 Count Intro - Start after 16 seconds)

Step Forward. Side Rock. Left Mambo 1/2 Turn Left. Full Turn Left. Sweep x2. Right Shuffle Back.

1&2 Step forward on Right. Rock Left out to Left side. Recover weight on Right.
&3& Rock forward Left. Rock back on Right. Turn 1/2 turn Left stepping forward on Left. (Face 6 o'clock)
4& Turn 1/2 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left.
5 – 6 Sweep Right out and around from back to front. Sweep Left out and around from back to front.
7&8 Right shuffle back stepping Right. Left. Right.

Cross Rock. 1/2 Turn Left. Cross Rock. Side. Cross Rock. 1/2 Turn Left. Step. Pivot 5/8 Left.

1 – 2 Cross rock Left over Right. Rock back on Right. (Facing 7 o'clock)
& Turn 1/2 turn Left stepping forward on Left. (Facing 1 o'clock)
3 – 4& Cross rock Right over Left. Rock back on Left. Step Right to Right side. (Facing 3 o'clock)
5 – 6 Cross rock Left over Right. Rock back on Right. (Facing 5 o'clock)
& Turn 1/2 turn Left stepping forward on Left. (Facing 11 o'clock)
7 – 8 Step forward on Right. Turn 5/8 turn Left. (Weight on Left) (Facing 6 o'clock)

Syncopated Frieze Right. 3/4 Turn Left. Back. Together. Touch Back. Unwind. Back Hook. Step Forward.

1&2& Step Right to Right side. Cross Left behind Right. Step Right to Right side. Cross step Left over Right.
3 – 4 Turn 1/4 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left. (Facing 9)
5&6 Step back on Right. Step Left next to Right. Touch Right behind Left.
&7 Unwind 1/2 turn Right. (Weight on Left) Step back on Right. (Facing 3 o'clock)
&8 Hook Left heel across Right shin. Step slightly forward on Left.

Slide 1/2 Turn Left. Shuffle Left. Shuffle Right 1/4 Turn. 1 1/2 Turn Triple Step. Step. Pivot 1/2 Turn.

1 Slide Right to Right side whilst turning 1/2 turn Left over Left shoulder. (to face 9 o'clock)
2&3 Step Left to Left side. Close Right beside Left. Step Left to Left side.
4&5 Step Right to Right side. Close Left beside Right. Turn 1/4 turn Left stepping back on Right. (facing 6)
&6 Turn 1/2 turn Left stepping forward on Left. Turn 1/2 turn Left stepping back on Right.
& Turn 1/2 turn Left stepping forward on Left. (facing 12 o'clock)
7 – 8 Step forward on Right. Pivot 1/2 turn Left. (Weight on Left) (Facing 6 o'clock)

Option for the 1 1/2 Triple Step:

Make 1/2 Turn Left shuffle forward Left. Right. Left.

&6& Turn 1/2 turn Left stepping forward on Left. Close Right beside Left. Step forward on Left.

Side. Cross Rock Back. Side Cross Rock Back. 3/4 Turn Left Shuffle Forward. 1/4 Pivot Turn. ###

1 – 2& Step Right to Right side. Cross rock back Left behind Right. Rock forward on Right.
3 – 4& Step Left to Left side. Cross rock back Right behind Left. Rock forward on Left.
5 – 6 Turn 1/4 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left. (Facing 9 o'clock)
&7 Close Right beside Left. Step forward on Left

&8 Step forward on Right. Pivot 1/4 turn Left. (Weight on Left) (Facing 6.o'clock) ###

Side. Together. Forward. Touch. Left Coaster Step. Touch. Back Right. Back Left. Right Coaster Cross.

1&2& Step Right to Right side. Step Left beside Right. Step Right forward. Touch Left beside Right.

3&4& Step back on Left. Step Right beside Left. Step forward on Left. Touch Right beside Left.

5 – 6 Large step back Right. Large step back Left.

7&8 Step back on Right. Step Left beside Right. Cross Right over Left.

Side. Touch Behind. Unwind. Side. Touch Behind. Unwind. Side Rock. Behind, Side, Shuffle Forward.

&1 – 2 Step Left to Left Side. Touch Right behind Left. Unwind full turn Right.

&3 – 4 Step Left to Left Side. Touch Right behind Left. Unwind full turn Right.

5&6& R ock Left out to Left side. Recover weight on Right. Cross step Left behind Right. Step Right to Right side.

7&8 Shuffle forward Left. Right. Left.

Option for the Side. Touch Behind. Unwind x 2

Side. Toe Strut Behind. Side. Toe Strut Behind.

&1 – 2 Step Left to Left Side. Touch Right Toe behind Left. Drop Right Heel to floor.

&3 – 4 Step Left to Left Side. Touch Right Toe behind Left. Drop Right Heel to floor.

Restart occurs on the 2nd Wall (facing 12 o'clock) after Count 40 at ###

The following tag occurs at the end of the 4th Wall (facing 12 o'clock):

Pivot 1/2 Turn Left. Pivot 1/2 Turn Right. Forward Coaster Step. Back Coaster Step.

1&2 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right.

3&4 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left.

5&6 Step forward on Right. Step Left beside Right. Step back on Right.

7&8 Step back on Left. Step Right beside Left. Step forward on Left.

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