

If She Knew

拍数: 40 墙数: 2 级数: Intermediate / Advanced
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音乐: If She Knew - Lemar



Intro: 16 counts, just before vocals 14 seconds into track
There are 2 tags – one after wall 1 and one after wall 3
There is one restart – it occurs on wall 5 after count 32

(1-9) Step, ½, step, full turn, out out, side, back rock, side, tap tap, ball cross

1-2& Step forward on L, turn ½ R, step forward on L (6.00)
3-4& Step forward on R and on ball of R make a full turn L sweeping L, step slightly out L, R
5-6& Step L to L side, rock back on R, recover onto L
7&8 Step R to R side, tap L toes next to R twice
&1 Step down on L, cross R over L

(10-16) Back lock, ¼, rock 3/8, touch, hitch, kick, ball step, ½ knee roll

&2& Step back on L, lock R across L, step back on L – travel backwards towards 1.30
3 Turn ¼ R stepping forward on R (9.00)
4&5 Rock forward on L, recover R making 3/8 R, touch L next to R (1.30)
&6 Hitch L, kick L
&7 Step L next to R, step forward on R with L toes pointing back
8 Roll L knee ACW and on ball of R turn ½ L moving weight to L (7.30)

(17-25) 1/8, back rock, sailor ¾, back, kick, back, kick sweep, behind side cross

1-2& Turn 1/8 L stepping R to R side, rock back on L, recover onto R (6.00)
3 Step L to L side
4&5 Turn ½ R stepping R behind L, turn ¼ R stepping L next to R, step forward on R (3.00)
6&7& Step back on L, kick R, step back on R, kick L diagonally L and sweep L to back
8&1 Cross L behind R, step R to R side, cross L over R

(26-32) Recover, ¼, ¼, sailor ¼, lock, step, lock, ½

2& Recover onto R, turn ¼ L stepping forward on L (12.00)
3 Turn ¼ L stepping R to R side (9.00)
4&5 Turn ¼ L stepping back on L, step R next to L, step forward on L (6.00)
&6& Lock R behind L, step forward on L, lock R behind L
7-8 Step forward on L, turn ½ R (12.00)

NOTE: Restart here on wall 5

(33-40) Kick ball step, brush, lock, brush, rock step, ball, step, tap tap, ball

1&2& Kick L forward, step down on L, step forward on R, brush L
3&4& Step forward on L, lock R behind L, step forward on L, brush R
5-6& Rock forward on R, recover on to L, step R next to L
7&8 Step forward on L, tap R next to L twice
& Step down on R

TAG: After walls 1 (facing 12.00) and 3 (facing 6.00)

1-8 Step, mambo ½, step ½ turn, step, step ½ turn, step
1 Step forward on L
2&3 Rock forward on R, recover onto L, on ball of L make ½ turn R stepping forward on R
4&5 Step forward on L, turn ½ R, step forward on L
6-7-8 Step forward on R, turn ½ L, step forward on R

Optional, if you want to do a finish:

It ends after count 32 during wall 7. Just make one additional step forward on L and make a full spiral turn R, then step forward on R, L R

Phrasing:

Wall 1 40+8 counts tag (facing 6.00)

Wall 2 40 (facing 6.00)

Wall 3 40+8 counts tag (facing 12.00)

Wall 4 40 (facing 12.00)

Wall 5 32, then restart (facing 12.00)

Wall 6 40 (facing 12.00)

Wall 7 32 (facing 12.00)
