

Jingle Bell Rock

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Margaret Swift (UK) - November 2008
音乐: Jingle Bell Rock - Bobby Helms : (CD: Billboard Greatest Christmas Hits)



Intro: 16 Count 8. Secs. Starts on Vocals

Section 1. ROCK RECOVER. SHUFFLE FORWARD. STEP TOUCH. ¼ TURN CROSS

1 – 2. Rock back on right, recover on left,
3 & 4 Step forward on right, close right next to left, Step right forward
5 – 6 Step forward on left, touch right toe behind left heel
7 – 8 Turn ¼ right stepping right to right side, Cross left over right

Section 2. ¼ TURN LEFT X 2. CROSS POINT X 3

1 – 2 Turn ¼ left stepping back on right, Turn ¼ left stepping left to left side
3 – 4 Cross step right over left, Point left to left side.
5 – 6 Cross step left over right, Point right to right side
7 – 8 cross step right over left, Point left to left side

Section 3. LEFT JAZZ BOX ¼ TURN. JAZZ BOX ON THE SPOT

1 – 2 Cross left over right. Stepping back on right
3 – 4 Turn ¼ left. Step left to left side, Brush right forward.
5 – 6 Cross right over left, step back on left,
7 – 8 Step right to right side, close left next to right (Weight on Left)

Section 4. RIGHT CROSSING HEEL GRIND LEFT X 3. CLOSE CROSS

1 – 2 Right crossing heel grind, Step left to left side
3 – 4 Right crossing heel grind, Step left to left side
5 – 6 Right crossing heel grind, Step left to left side
7 – 8 Close right next to left, Cross left over right.

Section 5. DWIGHT SWIVELS RIGHT. SIDE CLOSE CROSS. HOLD.

1 Swivel left heel right touching right toe beside left foot.
2 Swivel left toe right touching right heel diagonally forward right.
3 Swivel left heel right touching right toe beside left foot.
4 Swivel left toe right touching right heel diagonally forward right.
5 – 6 Step right to right side, Close left beside right
7 – 8 Cross right over left, Hold. 4th Wall See Ending the Dance

Section 6. ROCK RECOVER TRIPLE ½ LEFT. ROCK RECOVER COASTER STEP

1 – 2 Rock forward on left, Recover on right.
3 & 4 Triple ½ turn left, Stepping left, right, left
5 – 6 Rock forward on right, Recover on left
7 & 8 Step back on right, Close left next to right, Step forward on right

Section 7. WEAVE RIGHT. COASTER STEP

1 – 2 Cross left over right, Step right to right side
3 – 4 Cross left behind right, step right to right side
5 – 6 Cross left over right, Step right to right side
7 & 8 Step back on left. Close right beside left, Step forward left

Section 8. WEAVE LEFT. STEP ½ PIVOT. CLOSE

- 1 – 2 Cross right over left, Step left to left side.
- 3 – 4 Cross right behind left, Step left to left side
- 5 – 6 Cross right over left, step forward on left.
- 7 – 8 Pivot ½ turn right, Step left next to right

Ending Dance:-On 4th wall Dance to the end of Section 5

Section 6. Rock Recover. Coaster step

- 1 – 4 Rock forward on left, Recover on right -
 - 3 – 4 Coaster Step. Step back on left. Close right beside left, Step forward left
(to finish Facing the front)
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