

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Sue Ann Ehmann (USA) & Terry Pournelle (USA) - November 2008
音乐: I'm Gonna E-Mail Santa - Billy Gilman & Rosie O'Donnell : (Available for
download at: itunes)



Special note: This dance was choreographed especially for "Peanut" Lambert
Intro: 32 Counts begin dancing on the vocals

ROCKING CHAIR, FORWARD TOE STRUT, 1/4 LEFT TOE STRUT

1-2 Rock forward right, recover left
3-4 Rock back right, recover left
5-6 Touch right toe forward, drop right heel, turn 1/4 left (9:00)
7-8 Touch left toe forward, drop left heel

ROCKING CHAIR, FORWARD TOE STRUT, 1/4 LEFT TOE STRUT

1-2 Rock forward right, recover left
3-4 Rock back right, recover left
5-6 Touch right toe forward, drop right heel, turn 1/4 left (6:00)
7-8 Touch left toe forward, drop left heel

SKATE, HOLD, SKATE, HOLD, DIAGONAL STEP, SLIDE, STEP, BRUSH

1-2 Skate right, hold
3-4 Skate left, hold
5-8 Step diagonal right, slide left beside right, step diagonal right, brush left
Optional step locks may replace the slides

SKATE, HOLD, SKATE, HOLD, DIAGONAL STEP, SLIDE, STEP, BRUSH

1-2 Skate left, hold
3-4 Skate right, hold
5-8 Step diagonal left, slide right beside left, step diagonal left, brush right
Optional step locks may replace the slides

CROSS, HOLD, STEP, HOLD, 1/4 TURN RIGHT, HOLD, STEP, HOLD

1-2 Cross right over left, hold
3-4 Step left back, hold
5-6 Turn 1/4 right step forward, hold (9:00)
7-8 Step left forward, hold

STEP 1/4 RIGHT, TOUCH (CLAP), STEP LEFT, TOUCH (CLAP), STEP 1/4 RIGHT TOUCH(CLAP), STEP LEFT, TOUCH (CLAP)

1-2 Step 1/4 right, touch left beside right (clap) (12:00)
3-4 Step left to side, touch right beside left (clap)
5-6 Step 1/4 right, touch left beside right (clap) (3:00)
7-8 Step left to side, touch right beside left (clap)

BEGIN AGAIN!

TAG at end of wall 5. You'll be facing the 3:00 wall

Note: Wall 5 is the only instrumental section in the song. Tag occurs at the end of the 48 counts.)

VINE RIGHT, TOUCH, VINE LEFT 1/4 TURN, STEP

1-4 Step right to right, cross left behind, step right to right, touch left beside right

5-8 Step left to left, cross right behind, making a 1/4 turn left step left forward, step right beside left (12:00)

TWIST HEELS, JINGLE BELLS

1-4 Twist heels right, left, right, left (end with weight on left)

5-8 Jingle the bells! – “Ring” the bells 4 times shaking both hands just above head and moving down with each shake/jingle – or create your own jingle!

BEGIN AGAIN!

Merry Christmas everyone!!!
