

Soggy Bottom Blues

COPPER KNOB
BY STEPHEN

拍数: 68 墙数: 1 级数: Intermediate

编舞者: Chris Hodgson (UK) - September 2008

音乐: I Am A Man Of Constant Sorrow (feat. Dan Timinski) - The Soggy Bottom Boys :
(CD: O Brother, Where Art Thou?)



Intro: 28 COUNT INTRO.

(1-8) 4 Heel Walks Fwd / Jazz Box 1/4 Turn / Shuffle Fwd

1&2& Step Fwd On Right Heel, Step Fwd On Left Heel (turning toes slightly out)
3&4& Step Fwd On Right Heel, Step Fwd On Left Heel (turning toes slightly out)
5&6 Cross Right Over Left, 1/4 Turn Right Stepping Back On Left, Step Right To Right Side
7&8 Shuffle Forward On Left-Right-Left (3 o'clock)

(9-16) Heel Rocks X2 / Coaster Step / Step-1/2 Turn-Step

1& Step Right Heel Across Left, Rock Back Onto Left
2& Step Right Heel To Forward Right Side, Rock Back Onto Left
3&4& Repeat Counts 1&2& Again
5&6 Step Back On Right, Step Left Next To Right, Step Forward On Right
7&8 Step Forward On Left, Pivot 1/2 Turn Right, Step Forward On Left (9 o'clock)

(17-20) Forward-Hook-Back-Hook X 2

1&2& Step Forward On Right, Hook Left Behind Right Knee, Step Back On Left, Hook Right Across Left Knee
3&4& Repeat Counts 1&2& Again

(21-28) Fwd-Behind With Knee Pops 3/4 Turn / Shuffle Fwd / Kick-Back-Back

1& Step Fwd On Right,, Step Left Behind Right Popping Right Knee
2& Step Fwd On Right turning 1/4 Turn Right stepping Left behind right popping Right knee
3&4& Repeat counts 2& twice more (you have now completed 3/4 turn right) (6 o'clock)
5&6 Shuffle Fwd On Right-Left-Right
7&8 Kick Left Foot Fwd, Step Back On Left, Step Back On Right

(29-36) Weave Right / Cross-Rock-Side / Weav E Left / Tap-Tap-Kick 1/4 Turn-Kick

1&2& Cross Left Over Right, Step Right To Right, Cross Left Behind Right, Step Right To Right
3&4 Cross Left Over Right, Rock Weight Back Onto Right, Step Left To Left Side
5&6& Cross Right Over Left, Step Left To Left Side, Cross Right Behind Left, Step Left To Left Side
7&8& Tap Right Foot Next To Left Twice, 1/4 Turn Right Kicking Right Foot Fwd Twice (9 o'clock)

(37-40) Forward-Hook-Back-Hook X 2

1&2& Step Forward On Right, Hook Left Behind Right Knee, Step Back On Left, Hook Right Across Left Knee
3&4& Repeat Counts 1&2& Again

(41-48) Shuffle Fwd X2 / Walk Back X2 / 1/4 Turn-Tog / Heel Splits-Toe Splits

1&2 Shuffle Fwd On Right-Left-Right
3&4 Shuffle Fwd On Left-Right-Left
5& Step Back On Right, Step Back On Left
6& 1/4 Turn Right Stepping Right To Right Side, Step Left Next To Right (12 o'clock)
7&8& Split Both Heels Apart, Bring Heels Together, Split Both Toes Apart, Bring Toes Together

(49-56) Side Rock / Weave Left / Side Rock / Weave Right

- 1&2& Step Right To Right Side, Rock Weight Onto Left, Cross Right Over Left, Step Left To Left Side
3&4 Cross Right Behind Left, Step Left To Left Side, Cross Right Over Left
5&6& Step Left To Left Side, Rock Weight Onto Right, Cross Left Over Right, Step Right To Right Side
7&8 Cross Left Behind Right, Step Right To Right Side, Cross Left Over Right

(57-64) 3 X 1/4 MONTEREY TURNS / 1/4 TURN HEEL BOUNCES

- 1& Point Right To Right Side, 1/4 Turn Right Stepping Right Next To Left
2& Point Left Toe To Left, Step Left Next To Right
3&-6& Repeat Counts 1&2& Again, Repeat Counts 1&2& Again
7&8 Bounce Both Heels Up And Down 3 Times Making 1/4 Turn Right

(65-68) 2 Heel Splits / Side-Tap / Side-Tap

- 1&2& Split Both Heels Apart, Bring Both Heels Together, Split Both Heels Apart, Bring Both Heels Together
3&4& Step Right To Right Side, Tap Left Next To Right, Step Left To Left Side, Tap Right Next To Left

(Optional Use Of Your Arms How You See Fit!! LOL!)

BEGIN AGAIN AND JUST HAVE FUN!!!!!!!!!! (Dance is perfectly phrased to the music)
