

Forever

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Chris Watson (AUS) - November 2008
音乐: Forever - Chris Brown : (CD: Single)



starts on vocals, weight on L foot.

(1-8) Side, Rock Replace. Step Side rock Replace, Step ¼ turn. ½ pivot, ½ turn drag, Coaster Step

- 1,2&3,4& Step R to R Side, Rock L Behind R and forward onto L, Step L to L Side, Rock R behind L and forward onto L.
- 5,6&7,8& ¼ Turn R stepping forward onto R Step L foot forward, pivot a ½ turn via R, taking weight forward onto R (&), Continue into another ½ turn via your R, step L back and Drag R towards L, Step R foot Back, Step L foot together.

(9-16) Continue Coaster Step, Rock, Replace, Half Shuffle, Kick, Weave to L

- 1,2,3,4& Step forward onto R, Rock forward onto L, back onto R, doing a ½ L start a shuffle Forward on the L (9 O'Clock Wall), Stepping L forward and bringing R together with L
- 5,6,7&8& Step L Forward (Completing Shuffle), Kick R forward to a Right Diagonal pointing toe on 6, Cross R in front of L**, Step L to L Side, Step R behind L, Step L to L Side.

(17-24) Cross Rock Replace, Weave, Cross Rock, Cross Rock

- 1,2,&3&4& Cross rock R over L slightly pushing hips forward while rocking, Replace weight onto L, Step R to R Side, Cross L over R, Step R to R Side, Cross L behind R, Step R to R Side
- 5,6&7,8& Cross Rock L over R slightly pushing hips forward into rock, Replace weight back onto R, Step L in place and Cross Rock R Over L slightly pushing hips forward into Rock, Rock back onto L and Step R into Place.

(25-32) Pivot Turn, Kick Ball Step, Twist R, L (Quarter Right, Quarter L-3 O'Clock), Rock and Step Full Turn Forward.

- 1,2,3&4 Step L foot forward pivot half turn R taking weight onto R, Kick L foot forward, Step L foot back and R foot Forward (3 O'Clock Wall)
- 5&6&7,8 Twist Heel to the R doing a ¼ Turn L Twist Heels L doing a ¼ turn R (3 O'Clock Wall), taking weight to L, Rock back on R, Forward onto L, Doing a full turn via your L, Walk Forward R,L.

Restart Dance in New Direction

RESTART: Wall 2, Dance up to beat 15 then ADD Step L to L Side and Touch R Together - Restart dance at front Wall.**

Choreographers Note: Not an overly hard Dance, just a fast song. Listen to the music first, if you like it a little funky you will like the dance.